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March / April 2010

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PUBLISHER
Marty Mizrahi

EDITORIAL
Senior Editor Nick Bougie

DESIGN/CREATIVE/PRODUCTION
Managing Editor James Cox
Creative Director Bryant Arnold

TECHNOLOGY
C.O.O. Nick Phillips
Web Developer Dobrin Dimov
Web Developer Terance Smith

PHOTOGRAPHERS
Jefferson Applegate

CONTRIBUTING WRITERS
Robin Bougie, William T. Brost, Geoff
Boucher & Todd Martens, Glenn Bougie,
K.V. Fivepennies, Layla Merritt

SALES
Sales Executive Sadrina Ward
Sales Executive Susan Link
Sales Executive Rachel DeLoe

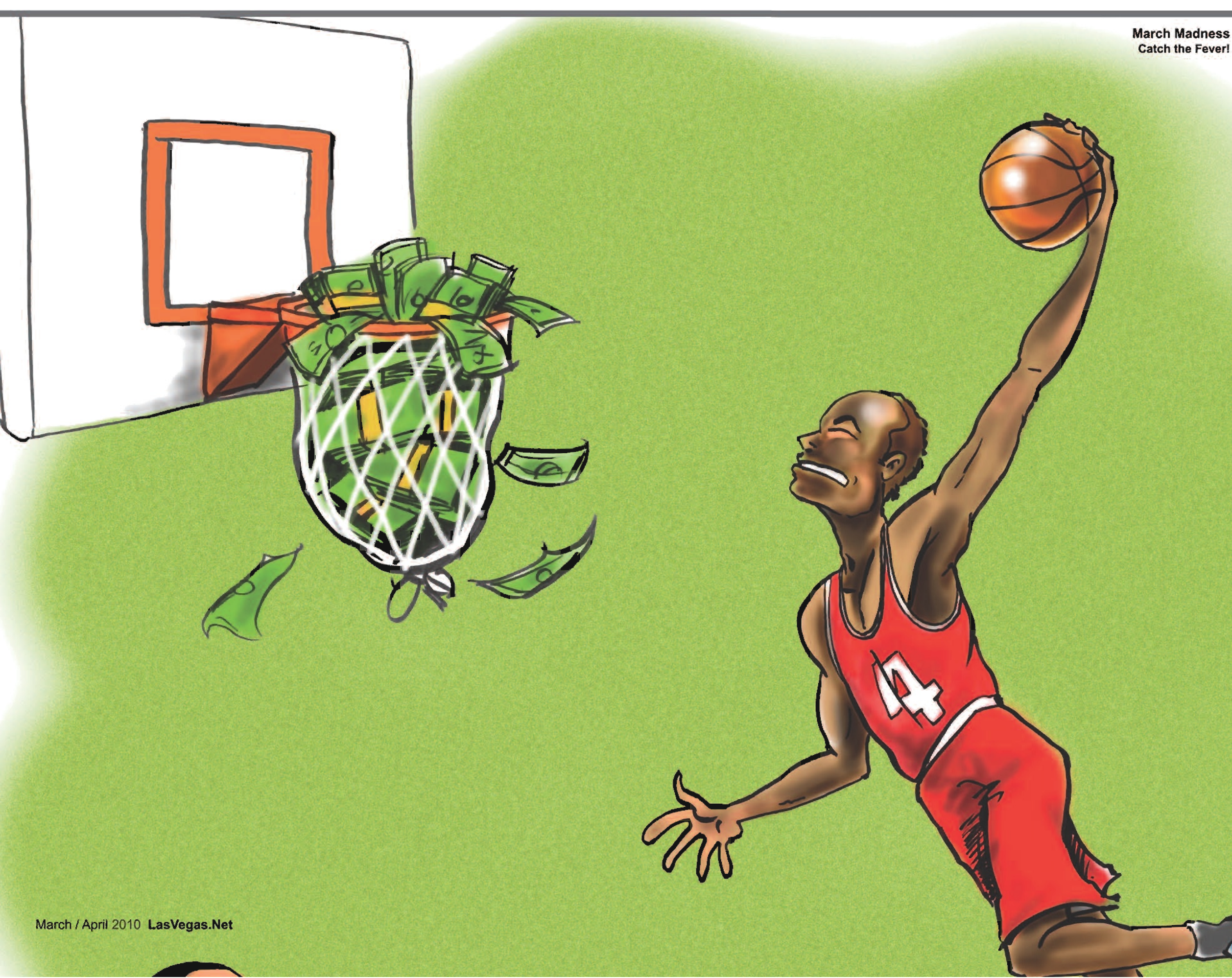
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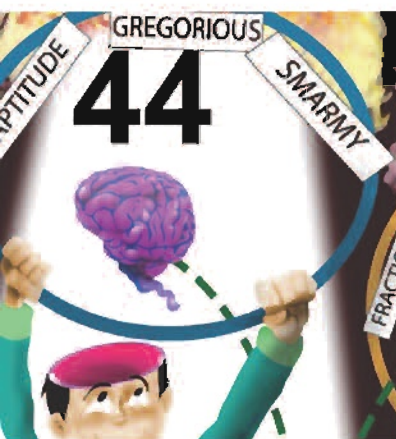
CONTACT
advertising@LasVegas.Net
editor@LasVegas.Net
creative@LasVegas.Net
jobs@LasVegas.Net

LasVegas.Net Magazine
2595 Fremont Street
Las Vegas, NV 89104
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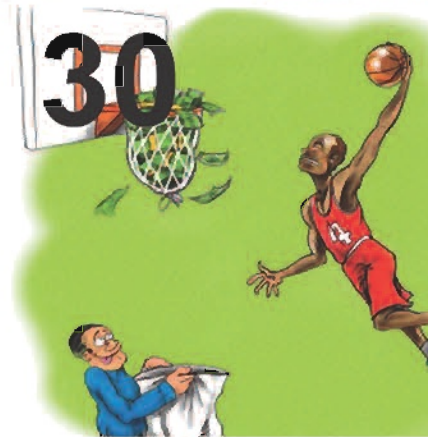
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On The Cover:
And the Oscar
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Photo: Bryant Arnold



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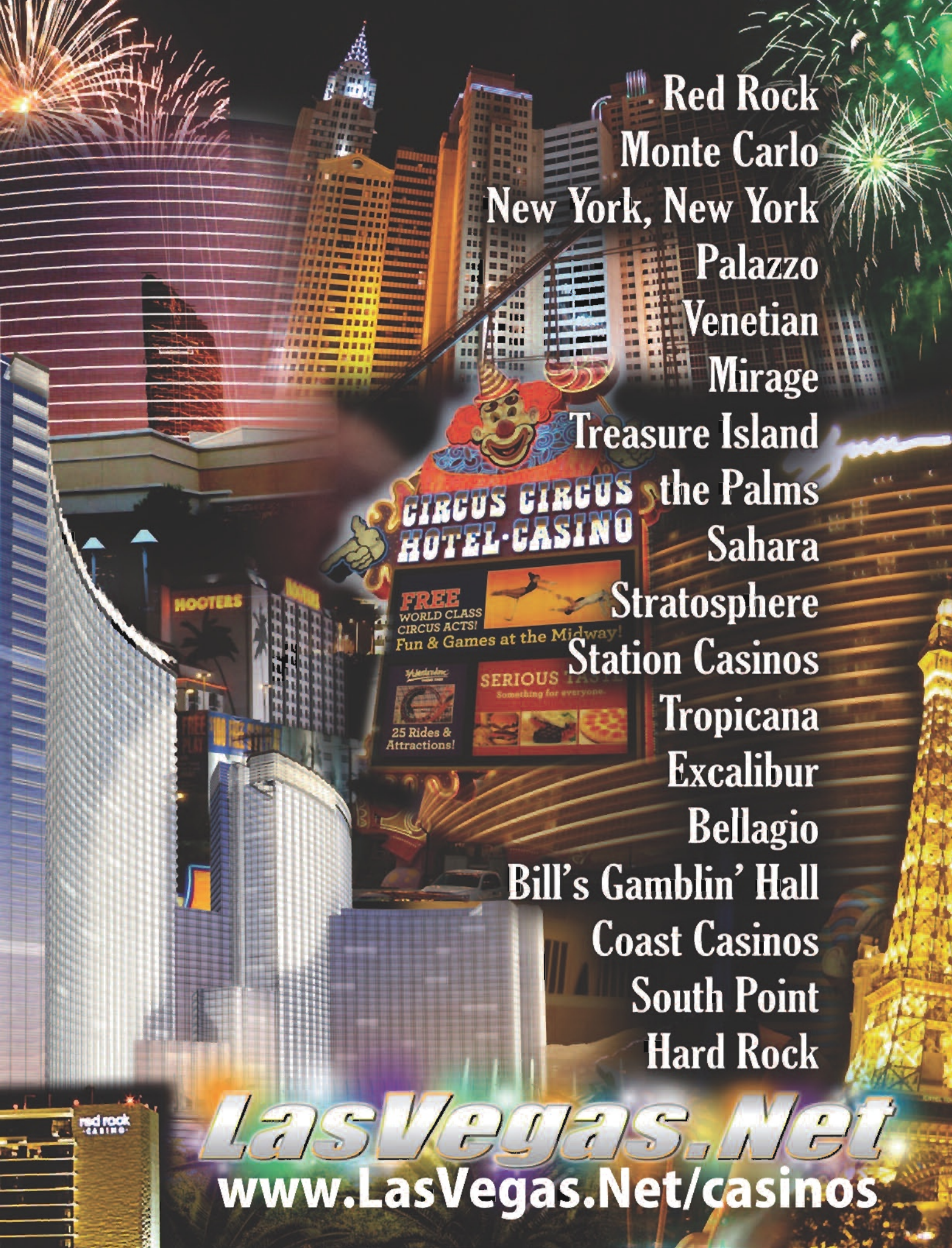
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Top 5 Most Anticipated

by K.V. Fivepennies



2010 Movies

Movie junkie? Need to know what's coming up? 2010 is looking like a spectacular year for blockbuster movies. There are some great pre-launch previews starting to filter through and loads of fans chomping at the bit awaiting the next installment in their favorite film-story saga (did anyone say vampires?). It takes years to make a major film, so we typically have a general idea of what films are on their way down the blockbuster pipeline. Here is the inside scoop on the top five most anticipated blockbuster movies of 2010:

5. Toy Story 3

Animated movies rarely result in a sequel worth watching, and a three-quel is almost always a sure loss. Of course there is an exception to every rule, and the Toy Story franchise may very well be that exception. The development team at Pixar has achieved near-perfection in their craft, and revisiting the characters that made Pixar a household name feels a lot like a welcome home after a long journey.

Tom Hanks and Tim Allen return to their beloved roles, and the countless devoted Pixar fans cannot wait to see what Hanks' Woody and Allen's Buzz are up to now. Toy Story 3 is slated to be released June 24, 2010.

4. Alice In Wonderland

This film is the only one on the list where the franchise isn't the movie, it's the moviemaker. Tim Burton returns in 2010 to turn the intriguing children's story about Alice upside-down and inside-out, incorporating extravagant sets and costumes that will have all of Hollywood talking. The story is set ten years after Alice was last in Wonderland; she is 19 years old now and undertakes a journey that will teach her the meaning of destiny.

The star-studded cast includes Mia Wasikowska as Alice, Johnny Depp as The Mad Hatter, Helena Bonham Carter as The Red Queen, Crispin Glover as The Knave of Hearts, and Anne Hathaway as The White Queen. The planned release date for Alice In Wonderland is March 4, 2010.

3. Twilight Saga: Eclipse

If not for the disappointing reviews of Twilight's second installment, New Moon, this may have been ranked number two on this list. Although highly anticipated, Twilight has lost ground with many outside the 'teen beat' demographic. Bella and the mysterious Edward are back together in Eclipse, but Bella is still hunted and her friendship with Jacob is strained to the breaking point. Kristen Stewart and

Movies of 2010



Robert Pattinson are superb in their roles and one can only imagine, but certainly cannot be sure, that love will triumph. Eclipse premieres on June 30, 2010. You had better get moving, the line for tickets has undoubtedly started.

2. Harry Potter and the Deathly Hallows: Part 1

Yes, if you haven't already heard, the last Harry Potter book has been drawn out into two movies. It was a difficult choice ranking Harry Potter over the Twilight saga, but the Deathly Hallows film begins the final chapter and Harry Potter fans are still too numerous to count and are hungry for more. Deathly Hallows begins right where the last film ended - Harry, Hermione and Ron are still being chased by the Death Eaters as they attempt to save the world. This installment is expected to win new fans that had previously avoided the movie series. Harry Potter and the Deathly Hallows: Part 1 opens on November 25, 2010.

1. Iron Man 2

Iron Man was a surprise hit in 2008, overtaking comic book movies with a sweeping rise to the top thanks to the acting skills of Robert Downey, Jr. and a superb script.

And now Tony Stark is back, with all new villains. Scarlett Johansson plays Black Widow and Mickey Rourke is Whiplash. Samuel L. Jackson also makes his much-anticipated appearance as Nick Fury. Iron Man 2 is promising more of everything: action, fighting, story and stars. The number one most anticipated movie of 2010 opens on April 29, 2010.



Get Your Swimsuit Body Ready Bikini Ready this Spring

When spring starts blooming, summer isn't far behind. Time to get your swimsuit body ready for those beach and poolside days ahead!

The first thing you'll need to do is to visualize yourself in that bathing suit, looking good and trim and slim! Now hold that vision in mind as you increase your activities. Then set realistic goals and keep your activity level at a pace that will allow you to reach those goals.

One of the quickest ways to burn off fat is to add sprint training into your regimen. Most folks who walk, bike or run keep to a moderate pace. Though there are benefits to any physical activity, keeping to the same pace throughout your activity doesn't kick-start your metabolism into high gear. Variations in intensity of exercise are a great way to jumpstart your metabolism, so that you

burn calories faster and longer, and get more of a benefit out of the time you put into your training. You'll experience those benefits in stress reduction and fat loss. You can take advantage of sprint training with almost any activity, whether it be biking, running, walking, dance aerobics, kayaking, or any other sport. Sprint for one minute out of every five in a 25 to 30 minute activity block, and you should be experiencing a measurable difference in your measurements and body fat ratios within a couple weeks. Make sure you end your activity with a cool down period.

Another simple way to kick your current routine into a high gear is to add ankle and wrist weights while performing your current activity. Whether you're biking, walking, doing crunches, aerobics, or running, wrist and ankle weights will increase your burn

HEALTH

rate, and increase your muscle mass. Start with a small amount of weight and build up slowly over a few weeks. If you've suffered from joint injuries, speak to your doctor before adding this to your regimen.

Many people have taken up yoga for its obvious benefits of body sculpting and stress reduction. But did you know there are certain postures which will work your body harder? Adding yoga inversions to your yoga workout increases its effectiveness. Using gravity to push against will allow you to gain benefits by working all the large muscle groups more intensely. There will be other benefits, such as reduced back stress, since your vertebrae will decompress when inverted. Use floor mats when performing inverted postures.

One of the best activities for getting your body swimsuit ready is to partake of the activity the swimsuit is designed for-- swimming! Moving through the resistance of water is one of the best muscle toning activities. And you can add sprint training to your swimming too, to get more benefit from this great sport. Check your local Y or gym for a pool.

Are you one of those folks who will look for any excuse not to exercise, since you see it as a grind? When you think of exercise do you instantly think of no pain no gain, and you don't want to go through the pain? It's time for a serious attitude adjustment.

When we were kids we didn't see our outdoor physical activity as a "routine" or a "regimen" or a "workout" which all implies WORK, which we already have to do most days to support ourselves. UGH! But if you look at life and activity the way we did when we were kids, your whole view on things changes. When we were kids we went out and played! So for those of you who simply can't get into the groove with a gym or aerobic routine, the answer could be as simple as going out to play a few days a week. Even those who do stick to a routine will get benefits from adding in some playtime.

Turning your normal old boring exercise grind into a play session will make it so much fun you'll be looking forward to getting out next time. What can you do? How about some of the same things you used to love doing when you were a kid? Instead of just walking, you can skip, race or walk backwards. Then there are the kid games that are so much fun-- kickball, volleyball, jumping rope, hula hoop, trampoline jumping, frisbee tossing, badminton, mountain biking, ping pong, paintball games, tug of

war, roller skating, basketball, and other fun physically demanding activities that are great for getting the blood churning and your metabolism pumping. Get a group together to indulge and it becomes even more fun! Vary up activities from one time to the next and your playtime will never degrade into routine again. The trick is to turn the activity into the reward after a hard day's work. Playing four or five times a week will get you in swimsuit trim in no time. Many of these things can be done at your local park.

You can also match your activities to the seasons, the way we all did when we were kids. Ice skate, ski, snowshoe and snowboard in the winter, play tennis, go mountain hiking, go canoeing or go rollerblading in the warm seasons.

If you need a bit of structure but find the gym a grind, then look for a physical activity that you'll enjoy but that doesn't seem like a workout, to psych yourself into getting that physical activity that you need to get your body swimsuit ready. How about kick-boxing, tai chi or martial arts classes? There are many types of dancing and dancing classes that will get you moving too-- belly dancing, contra and square dancing, swing and ballroom dancing, salsa dancing, tango dancing and more. Putting together a couple teams for laser tag or double dutch jump rope competitions will get you moving and burning calories. Join a bowling league. Take horseback riding lessons. And for those indoor times, get a Wii and some sports games!

Sometimes simply doing activities around your home yourself instead of hiring them out is a great way to increase your physical activity. Digging and planting a garden, painting the porch trim, and washing the car are all activities that will get you moving, bending, reaching, and burning calories.

The other key to getting your body swimsuit ready is to start minding what it is you're putting into your mouth. Start a food diary to pinpoint where your problems are. Get rid of all carbs and sugar, get rid of all junk food, cut back on red meat, and include a lot more raw fruits and vegetables into your diet. A raw food diet will give your body the nutrients and fiber your body needs in a form that is more easily digestible, while the fiber will help to flush toxins. Drink plenty of water, since water also helps to detoxify your body. Eat a few small meals during the day instead of three big meals, and try to restrict your heavier

caloric intake to your morning meals, so that you work off those calories during your normal activity over the course of the day.

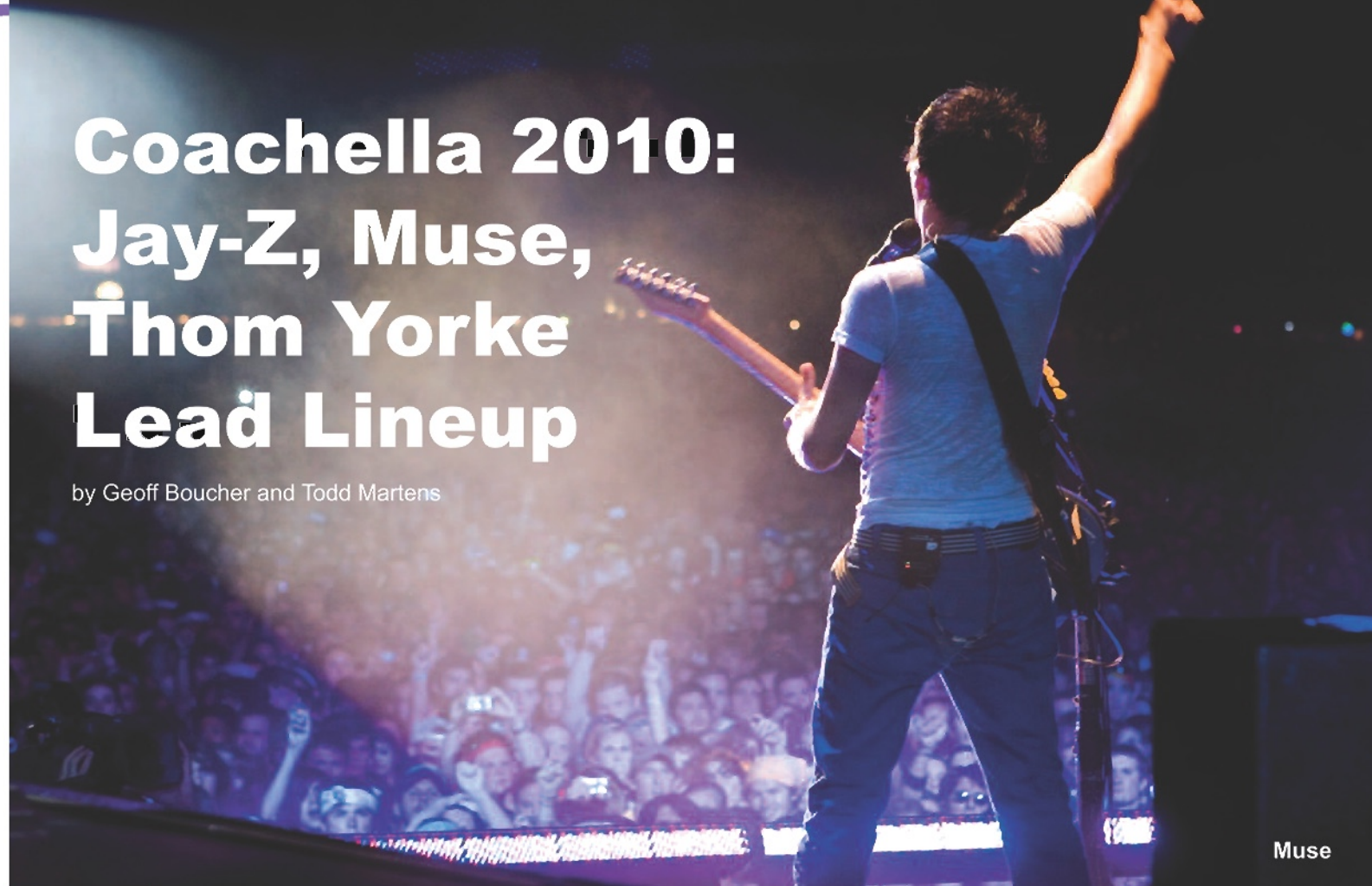
Adding playtime and sprint training to your activities, and watching your diet will have you in swimsuit trim by summer.



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Coachella 2010: Jay-Z, Muse, Thom Yorke Lead Lineup

by Geoff Boucher and Todd Martens



Muse

MUSIC

The Coachella Valley Music & Arts Festival will bring a youth movement to the low desert this year. After several years of graybeard headliners, California's signature festival is going back to the future with younger acts including Gorillaz, Muse, Jay-Z, Thom Yorke, MGMT, Hot Chip, Spoon, Vampire Weekend and LCD Soundsystem at the very top of the bill for the three-day concert that begins April 16 at the Empire Polo Field in Indio.

There are some flashback acts, including Woodstock icon Sly Stone and the Family Stone, 1980s alt-rock group Echo and the Bunnymen and reconstituted college-rock outfit Pavement, but they're not leading the bill as Paul McCartney, Prince and Roger Waters did in past years.

The presence of rap superstar Jay-Z will raise the eyebrows of those fans who like to think of Coachella as an indie oasis on today's live-music landscape; hip-hop stars such as Kanye West, the Beastie Boys, Lupe Fiasco and Kool Keith have performed at Coachella in the past but none of them tap into the same street imagery and conspicuous consumption ethos that defines the \$150-million mogul.

Jay-Z is also a somewhat unexpected booking because he has a performance - for which tickets are still available - at the Staples Center on

March 26. The hip-hop star will close out the opening night of the fest on Friday, when other performers will be LCD Soundsystem, rock supergroup Them Crooked Vultures, Echo and the Bunnymen, the Specials and John Lydon's post-Sex Pistols experimental outfit Public Image Ltd.

Saturday night will be headlined by Muse, Faith No More, DJs Tiesto and David Guetta, MGMT, Hot Chip and Jack White's The Dead Weather. Sunday will close with Gorillaz, Yorke, Spoon, Parisian electronic rockers Phoenix and dance veterans Orbital.

The desert event has won a reputation among fans for showcasing artists on the comeback trail, and rock acts such as the Pixies and Iggy & the Stooges made splashy returns at Coachella. Pavement, a staple of the '90s alt-rock scene, has been an expected Coachella headliner since announcing its reunion at the end of 2009.

Gary Bongiovanni, the editor in chief of Pollstar, the concert-industry trade publication, believes Coachella doesn't need a boomer-friendly headliner such as McCartney, who performed last year, or Waters, who closed the event in 2008. A package built around Pavement, Public Image Ltd. and hipper acts, he believes, might even hold greater appeal for Coachella's target



Jay-Z

young audience.

"Pavement was never an arena headliner, but it lends some excellent buzz to the lineup," Bongiovanni said. "In a way, it's like looking at what the Super Bowl had to do. They have the Who this year, and if you stop and think about it, 'What's the biggest act we can get that we haven't already done?' - it's a tough question to answer. If you take all these little things and put them together it becomes a compelling bill.

There's not a reliance on one name."

Pavement already has a history with the event. Lead singer Stephen Malkmus has appeared at Coachella with his post-Pavement band the Jicks, and Pavement split soon after appearing at the first-ever Coachella in 1999. The latter performance has gone down in alt-music lore as one that showcased the band unraveling onstage.

Lydon has gone on numerous comeback treks with the Sex Pistols, but this will mark

the return of Public Image Ltd. after more than 15 years. The band, which experimented with dance and electronic textures throughout its career, went through numerous lineup changes. The act that takes the stage at Coachella is not expected to feature original members Jah Wobble or Keith Levene, but will include onetime guitarist Lu Edmonds and drummer Bruce Smith.

Radiohead's leader Yorke will be making a return to Southern California after sold-out dates in Echo Park and downtown in October. With Muse on the bill, he'll be sharing the event with a band that's long been compared to his showcase act, though Muse hasn't reached the kind of sales success in the U.S. that it has overseas. Bolstered by its presence in the first "Twilight" film, Muse has become an MTV staple, and its 2009 effort "Resistance" has sold 370,000 copies in the U.S. since its September release, according to Nielsen SoundScan.

Synth rockers MGMT have a hotly anticipated album due in 2010, and the act will compete for best new artist at the January 31 Grammy Awards. But MGMT won't be the only group expected to bring new material to the event, as Damon Albarn's adventurous electronic-rock outfit Gorillaz has a long-awaited album expected to be released this spring.

Oh, and what about those question marks on Sunday's text in the concert poster below? No, that isn't saving a spot for a Smiths reunion or U2 debut on the Coachella stage, it's the way that Yorke presents himself as a solo star; the marquee at his Orpheum concert had the same punctuational flourish.

The big question heading into last year's Coachella was whether the economy would take its toll on the festival, and the answer was a resounding no. Paid attendance topped 150,000, said Bongiovanni, and promoter Goldenvoice/AEG put overall attendance at more than 160,000.

Additionally, the festival's gross reached \$15.3 million, according to concert tracker Billboard Boxscore. Those numbers topped such well-known destination events as Lollapalooza in Chicago and the Austin City Limits Music Festival in Austin, Texas.

Coachella also made some recession-friendly concessions, offering fans the opportunity to purchase tickets on layaway, which it is again doing this year. Three-day packages are \$269, not including Ticketmaster surcharges.



Thom Yorke



OLYMPICS

2010 Olympic Wrapup

Are You Tax Ready?

By Zach Bragen

Illustration By Bryant Arnold

The 2010 Winter Olympics is a national event in which nations compete against each other via sports. This year's winter Olympics took place on the month of February. The events were held in Vancouver, British Columbia, and Canada. A few small winter Olympic events were held in Whistler, Richmond, West Vancouver, and the University Endowment Lands. There were 86 different events. 2,600 skilled athletes from 86 nations participated in fifteen different sports. The 2010 Winter Olympics were officially the third Olympic sports event that Canada has hosted. It was a first time for British Columbia, however.

From February 12 to February 28, nine

competition venues were used during the games. Most of the ice sports were held in Vancouver while Whistler held the snow sports. This is because Whistler is normally a ski resort. There were also six venues, which were used for the athletes and media journalists. In Vancouver, the facilities that were used for the sports were Canada Hockey Place, Cypress Mountain, Pacific Coliseum, and the Vancouver Olympic or Paralympic Centre. Richmond hosted the speed skating event in the Richmond Olympic Oval and the University Endowment Lands hosted the ice hockey even in the UBC Thunderbird Arena. Whistler hosted a number of sports in the Whistler Creekside

Venue, Whistler Olympic Park, and the Whistler Sliding Centre.

The Canada Hockey Place was officially the largest competition venue and hosted the ice hockey event while the Vancouver Olympic Centre hosted the curling event. Cypress Mountain and the Pacific Coliseum hosted the freestyle skating, snowboarding, figure skating, and short track skating events. Whistler Creekside hosted the alpine skating event while Whistler Olympic Park and Whistler Sliding Centre hosted the biathlon, cross country skiing, Nordic combined, ski jumping, bobsleigh, luge, and skeleton events.

Whistler hosted three non-competition venues as well. The Whistler media center was used as a media center, the Whistler Olympic Village was used as the Olympic village, and the Whistler Celebration Plaza was used for different ceremonies and presentations. Vancouver hosted three non-competition venues. The Main Media Centre and Vancouver Olympic Village had their respective uses while the BC Place Stadium hosted the opening and closing ceremonies.

The Opening Ceremony was truly an enjoyable and beautiful sight. It took place on February 12, 2010 and began at six p.m. PST. Technically, it marked the first time an opening ceremony was held indoors. David Atkins had the pressure of directing the 2010 Winter Olympics Opening Ceremony. Governor General Michelle Jean, who is a representative of the Queen of Canada, officially opened the event. The Vancouver Organizing Committee dedicated the opening ceremony to Nodar Kamaritashvili. Nodar was a luger who passed away during a tragic accident that took place during a practice round earlier that day. The opening section consisted of Johnny Lyall who slid down a mountain slope, leaped through the Olympic rings, and landed in the stadium. The Honor Guard of the Royal Canadian Mounted Police then participated in the National Anthem and the Aboriginal People of Canada welcomed the crowd. From then on, there was music and fun. Nelly Furtado and Bryan Adams performed "Bang the Drum" as a tribute to the Olympic athletes. Later that night, Sarah McLachlan performed her song "Ordinary Miracles." In a tribute to the fiddling traditions of Canada, Loreena McKennit performed the song "The Old Ways." The President of the IDC began the opening remarks before the entry of the Olympic flag, the Olympic oaths, and the lighting of the cauldron.

The Closing Ceremony began with a joke about the hydraulic failure that took place in the Opening Ceremony. The band Inward Eye and the Vancouver Youth Symphony performed their own songs during the count-down and then performed a bilingual version of Canada's national anthem. Eva Avila, Nikki Yanofsky, and Derek Miller performed the song "Let's Have a Party." Later that night in the concert section, Nickelback, Avril Lavigne, Alanis Morissette, Simple Plan, Hedley, and other bands performed.

Canada won the most gold medals while the United States won the most metals overall. Because of this, there is some speculation as to which country actually won the entire 2010 Winter Olympics. In cross-country skiing, Norway was in first place while Sweden was in second place. From Norway, Northug, Vebeke, Johaug, Steira, Bjoergen, and Pettersen won gold medals. From Sweden, Hellenor, Soedergen, Olsson, Richardson, and Kalla won gold medals.

In the curling event Canada, Sweden, Norway, China, and Switzerland all tied for first place.

In the Figure Skating event China, The US, and Korea won first place. Kim from Korea won the women's event while Lysacek from the US won the men's event. Shen and Zhao from China won the pairs event while Virtue and Moir from Canada won the Ice dance event.

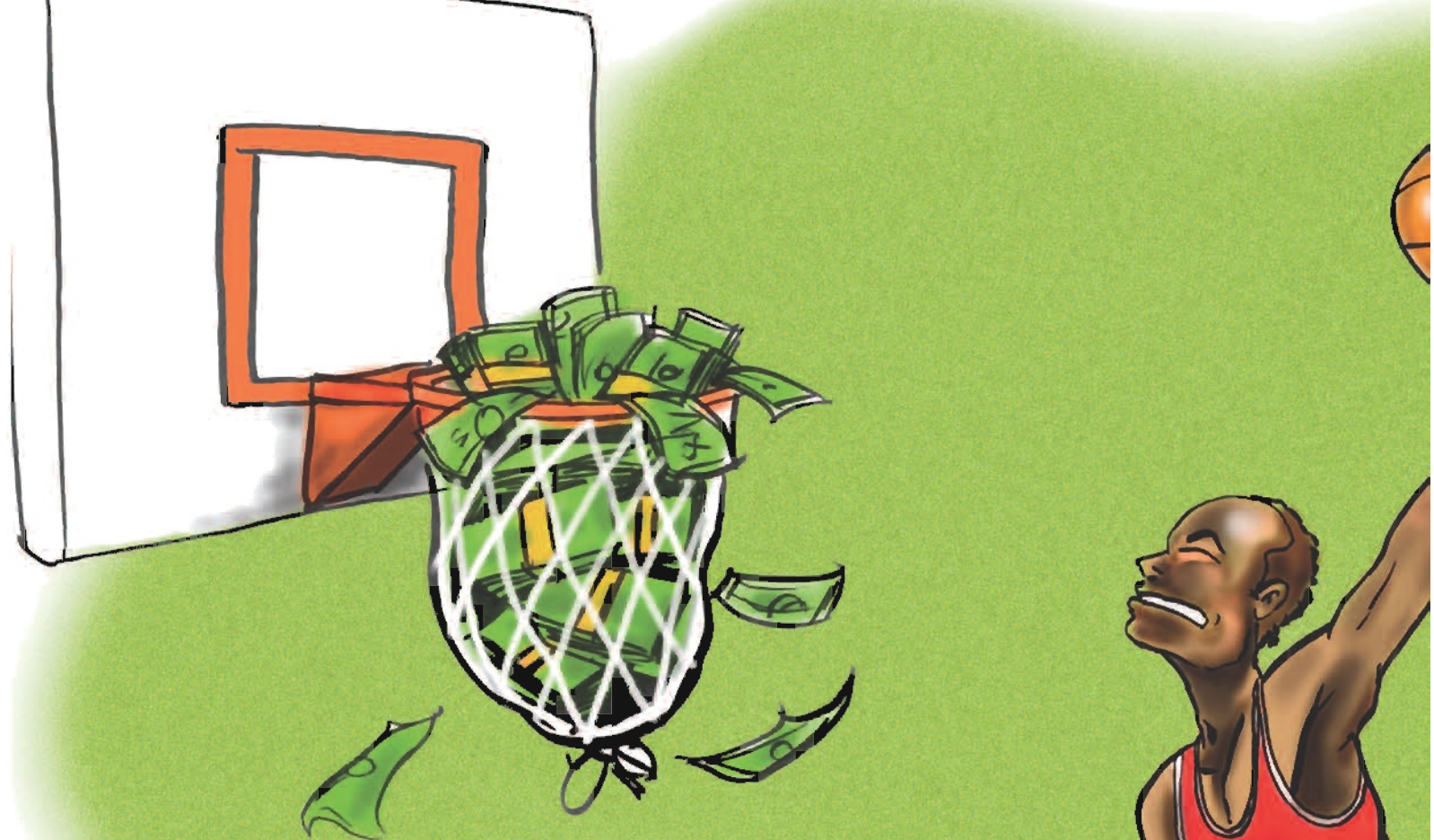
The Ice Hockey event presented the legendary game between Canada and the United States. Canada won two gold medals while the US won to silver medals.

Although the 2010 Winter Olympics are literally meant to be fun and games, this is not the way it began. Hours before the opening ceremony even began luger Nodar was killed during a practice run. After the tragic accident, the International Luge Federation called a meeting in order to determine whether the track was even remotely safe. This is because before

the accident there were accidents that were not fatal but accidents all the same. Many people became angry when they assumed the luger was blamed for his own death. The course was changed in order to keep people safe and still there were people complaining about the changes. Some even said that because the course was changed it was no longer as hard as it should be.

In addition to the death, the Korean women's short track team was disqualified. They finished first in the three thousand mile relay but were disqualified after the referees found out that Korean's Kim blocked China's Sun when there were five laps left to go. The Korean's coach was not happy about this decision and complained about the Australian referee having a part in a previous Korean short track disqualification in 2002.

There was also a problem with the Canadian women's hockey team drinking and smoking cigars on the stadium ice after their victory against the United States. They were photographed and criticized for their conduct in Olympian uniforms. However, the Canadian hockey captain complained that if men were doing the same thing there would not have been such a big problem. For example, no one said anything when Skeleton gold medalist Jon Montgomery had a beer minutes before he started the race. Many people complained that the two women should not have been bothered after their celebration.



March Madness

Maddening Only to Those Who Dream

By William T. Brost

As the NCAA Men's basketball tournament approaches, dozens of teams continue to hold out hope. They do so for good reason - championship week is right around the corner. In layman's terms, championship week is conference tournament week for men's college basketball. The format is quite simple: win your conference tournament and you are in the big dance. Get bounced quickly, and your team's fate is left in the hands of an often-

ques -

tioned NCAA selection committee who rarely shows the wherewithal or common sense to make sure the teams that belong in March Madness get their "Cinderella" opportunity to cut down the nets during the Final Four. Here is what we do know as of this writing.

Several of the so-called power conferences will eat up many of the automatic bids. The Big 12, the ACC, and the Big East all have as many as seven schools that should get an easy nod into the NCAA tournament. Follow that up with the Big Ten, the Atlantic 10, and the SEC and you have even more. The PAC-10, a long time traditional men's college basketball powerhouse, is not expected to include a seeded team. Non-traditional conferences such as the West Coast Conference and the Mountain West Confer-

SPORTS



ence could have as many as five bids between the two of them.

This NCAA season has been anything but a wire-to-wire domination by the usual squads with the exception of the Kansas Jayhawks, who came into the season as the pre-season number one-ranked team in the country. They still hold that ranking and are the odds-on favorite to be the tournament champion.

The other schools in the preseason top ten have not been nearly as lucky. Number two Michigan State is hovering well out of the top-10, and the third-ranked Texas Longhorns were shown the door and are barely hanging on to a top-25 ranking. Tennessee's luck has mirrored the Longhorns, and what of the defending national champion North Carolina Tar Heels? After having to replace the core of their title team yet again due to early entry into the NBA lottery draft, head coach Roy Williams has to be scratching his head - his boys in blue are nowhere to be found in the rankings. On the flip side, Jim Boheim and his Syracuse squad are blowing the doors off opponents and have found their way not only into a top-5 ranking but a projected number one regional seed for the big dance. Perennial college hoops powers such as Duke and the return to prominence of squads such as Kentucky, Villanova, and Indiana

bas-
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legend
Steve Al-
ford's New
Mexico Lobos
have spurred debate
as to their worthiness
of national champi-
onship consideration. We also can't forget about Purdue, West Virginia, Kansas State and Georgetown, led by John

Thompson III.

Well-respected and strong programs such as Gonzaga look to do their annual damage with a projected fourth seed in the South and a friendly first round match up in their own backyard in Spokane, Washington.

Joe Lunardi, ESPN's bracketology guru, has predicted a total of 44 automatic bids to this point—barring some sort of conference tournament meltdown by a school such as UNLV, who plays in the lackadaisical Mountain West tourney, held on their own home floor of the Thomas and Mack Center in Las Vegas. Last season, UNLV was believed to be the third best team, and quickly exited stage left at the hands of an inferior San Diego State team. Anything is possible, and for all the so-called automatic and

As much fun as we have watching the occasional upset, the NCAA Tournament is a predictable finish year in and year out. Some have argued that the college basketball regular season doesn't matter whatsoever.

guaranteed bids for the big dance, only winning your conference outright and showing what you're made of in the conference tournament can guarantee the dream of dancing well into March.

It should be interesting to watch schools such as Brigham Young, New Mexico's only real threat at winning the Mountain West title. However, the Cougars are an easy mark in the first round, having not advanced into the pool of 32 in each of the last eight seasons.

There has been talk of expanding the NCAA Tournament beyond the 65 teams, perhaps to 80, even to 96. Will this provide some of the non-powerhouse conferences any better chance of making their mark in March? These possibilities are doubtful, to say the least. Won't it water down the tournament more than it already is? When was the last time a play-in team knocked off the #1 overall seed in the tournament? It's never happened, and expanding the tournament to include more teams makes sense for no one.

The argument has been made many times over during the last decade—that smaller conferences such as The Summit Conference, the American East Conference and Sun Belt Conference legitimately have no business ever having a representative in the tournament other than their league champion. The reasoning—that conference competition is far weaker than in the bigger conferences. And the non-conference schedule? Laughable at best.

When the Final Four is determined at the end of the NCAA Tournament, how many schools will still be standing alongside the Kentuckys, the Syracuses, and the Kansas' of the basketball world?

For every bracket-busting upset that may occur—like a Northeastern win over Butler—there will be embarrassing, why-did-you-even-get-a-chance-to-participate-and-come-to-the-show double-digit beatings by a Kansas over a Jackson State or a Georgetown over a College of Charleston.

As much fun as we have watching the occasional upset, the NCAA Tournament is a predictable finish, year in and year out. Some have argued that the college basketball regular season doesn't matter whatsoever.

And we concur. As much as we enjoy the raucous crowd that has re-emerged at the Thomas and Mack over the last handful of years since the arrival of Head Coach Lon Kruger, it is nothing more than one night of entertainment. A win by the Rebels over Louisville in December, as good as it looked on paper then, means absolutely nothing when it comes to a run at a national championship. For example, if the Rebels were to receive the eighth seed in the midwest region and somehow got out of the first round with a victory, guess who awaits them? The number one ranked Kansas Jayhawks.

The business of college basketball and, primarily, the NCAA men's tournament is a fun experience for those of us that have dogs in the fight. The reality of college basketball, however, is sponsorship and advertising money for the networks, the sports books, and the big boy schools who have a legitimate chance year-in and year-out to hoist that championship trophy at the end of the dance, and to cut down those celebratory nets.

March / April 2010 LasVegas.Net 31



The History of Easter

The Ritual, The Eggs, the Bunny and More

By Brian Jones

HOLIDAY

Easter is an ancient holiday with many incarnations. Many questions naturally come to mind: what is the history of Easter? Where did today's traditions come from and what do they mean?

Easter has, at different points throughout history, been a pagan celebration of the equinox, a holy day for remembering the resurrection of Jesus and a day when children wait for a magical rabbit to deliver baskets of eggs and chocolates. The holiday has surely evolved over the years, but the origins of today's family traditions come from its ancient past.

Easter's Beginnings

Before the advent of Christianity, ancient civilizations celebrated a spring festival associated with the Vernal Equinox and the rhythms of the moon. The celebration was based on the lunar calendar, and even today Easter's date is determined by the moon

(the first Sunday after the first full moon on or after the Vernal Equinox, and if the full moon falls on a Sunday, the Sunday after). The Germanic Saxons are credited with the name Easter, also known as Eostre or Ostara, the goddess of spring and time.

As the Christian faith spread throughout the world, early followers typically converted other cultures by taking over or modifying existing festivals. Christian theology was incorporated into the traditions of the pagan culture. When the Roman Christians came to ancient Britain they saw that the symbolism of Eostre dealt with renewal and rebirth, and the Christian belief of Christ's resurrection fit closely. And just like that, Easter got its name.

Origin of the Easter Egg Tradition

The tradition of giving eggs for Easter is present in several cultures. Eggs painted with bright colors for spring were given in

ancient celebrations long before Christianity. In medieval times, Easter eggs were given to servants from their masters. The egg is a symbol of the renewal of life and fit with Easter's celebration of rebirth. In the past eggs were wrapped in gold leaf or colored by boiling them with the petals and leaves of flowers.

The History of the Easter Bunny

The Easter Bunny also originated with the ancient Anglo-Saxon festival of Eostre. The earthy symbol for the goddess Eostre was the rabbit. The symbol was continued by the Germans, who brought the Easter rabbit to America where it was adopted into common association with Easter by other Christians shortly after the Civil War.

The connection of the Easter Bunny with the eggs did not occur until the nineteenth century. European candy makers wanted to advertise their treats and so created ad campaigns showing the bunny bringing eggs and sweets. Today the chocolate Easter Bunny is a holiday favorite.

In some cultures, the egg tradition has mingled with the Christian themes of the

The connection of the Easter Bunny with the eggs did not occur until the nineteenth century.

holiday beyond a simple symbol of rebirth. Greeks dye Easter eggs red to symbolize the blood of Christ. Germans give green eggs to commemorate the last supper. Armenians decorate eggshells with religious images.

The lily and the cross are two other Christian symbols for the holiday, as well as the lamb to represent Christ as a shepherd.

The Easter basket is a tradition that started when the Catholics would take food for Easter dinner to mass to be blessed. The basket tradition also has roots in the Pennsylvania Dutch practice of leaving a basket to be filled with toys and sweets for good children.

Easter has evolved along with the cultures that celebrate it, but it has stayed true to its message of renewal, rebirth and a chance to start again.

When is Easter this year?

Easter, also called Resurrection Day, is one of the most important dates in the calendar for Christians. It is the event that celebrates the resurrection of Christ. This event is not similar to Christmas, as Christmas is a feast that happens on a fixed date every year. This leads many people to wonder: when is Easter this year?

1. The first answer to the question above is that it varies year after year. In 325 A.D., the First Council of Nicaea determined the time, but there was no fixed date set. The council therefore determined that the celebration of Easter would happen on the Sunday that happens right after the equinox. This is one of the facts that tell us when Easter is each year.

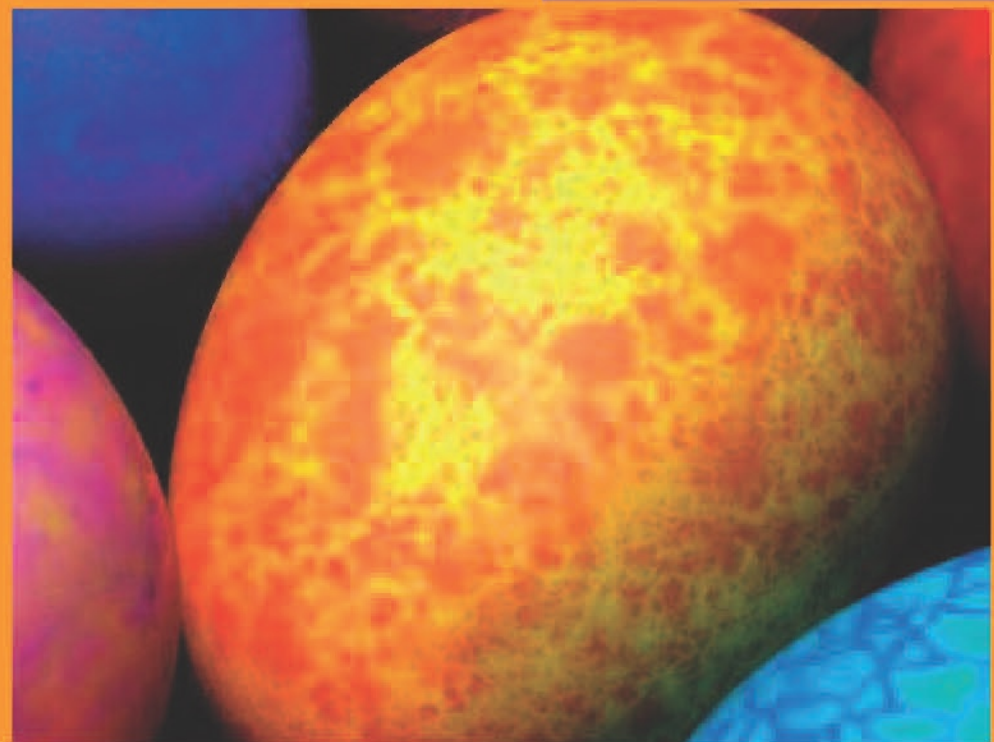
2. The second answer to the question can be deduced by figuring out when equinox starts. It typically starts on the 21st of March, based on the Julian calendar, but will begin this year on March 20th. Easter Sunday will therefore take place on any day between the 20th March and the 25th of April, 2010.

3. The third step to understanding the yearly date of Easter requires one to consult the Gregorian and Julian calendars. The Gre-

gorian calendar is used by western churches, and Eastern Orthodox churches use the Julian calendar. The two different calendars will provide very useful information, as there are times that they may indicate different dates for Easter Sunday.

By following the steps above, one can deduce the date of Easter Sunday as being on the fourth day of April. This is the date calculated by both the eastern and western churches.

Easter is the culminating celebration of the Lenten season. Lent begins on Ash Wednesday, not on the first of the holy week. Ash Wednesday is an important Christian date and marks the forty days of the Lenten season. Many Christians observe the holy week by praying, fasting and abstinence. Some start the holy week by lighting up a holy candle and singing praises, while others enjoy reading biblical passages and reflecting. Many groups even hold vigil for a series of days. Protestants traditionally celebrate Easter by having morning services. These days the celebration is also combined with fun activities like Easter egg hunting and spending time with family and friends.



The Hotel Zoso and More...

Oh So Wonderful!

By Lucille Thaler and Tony Zano

The Hotel Zoso in Palm Springs, CA is a total respite from civilization. It is quiet but delicious – a party in the spirit of indulgence – luxurious, relaxing and supremely entertaining.

'Zoso' is derived from the Greek meaning 'to have your balance restored' – and in this sense, the hotel lives up to its name.

Located in the center of the fun-filled and fanciful atmosphere of central Palm Springs, Hotel Zoso's unique positioning lets you be within walking distance of the hub of activities such as the Palm Springs International Film Festival, eateries and chic restaurants for dining, shopping and entertainment. Whatever you do, do not miss out on going to Blame It On Midnight, a luxurious restaurant with a live entertainment lounge.

Once the playground of Hollywood's

elite, Palm Springs is now experiencing a renaissance in life and the Hotel Zoso is the place to begin your pleasure getaway.

On the night of our arrival, the Zoso was hosting the after-party for the Palm Springs International Film Festival and the following evening was a private paparazzi party. Surprisingly, guests of the hotel were invited to attend both parties. This kind of hospitality is rarely found in hotels, but at the Zoso guests are treated as welcome invitees to all of the thrilling festivities.

The interiors of the Zoso have fabulous rooms that are divine and huge. The boutique-style decoration and the additional space make this a destination, rather than just a stop-over place. Our lanai was spacious enough to have an intimate party while gazing at the heated pool and fire pits surrounding the area. The most lovely and

TRAVEL

pampering detail was the 'sink into heaven' Frette sheets that covered our soft, yet firm, beds in the rooms. The cloud-like bedspreads created one of the most important things a hotel can offer – sweet dreamland luxury.

The Zoso has a swank lobby bar and Olivz, a hip cafe and coffee shop. A refurbished and new medi-spa is currently in the works as well, to add to the amenities that are already there for the indulgence of its patrons. The sounds and sights in the lobby area are complete with the soft bosa nova strains of music permeating the air and brightly colored touches sparkling throughout the interior environment.

The Sunday brunch experience is absolutely delightful, complete with champagne, personal servers – virtually anything you desire can be obtained from the chef.

We had the opportunity to speak with the new Director of Food and Beverage, Mr. Henning Rahm, who is a sensational new and cosmopolitan man of international background. Rahm has added to the Zoso a continental touch, including unique ideas for the future of Olivz, and foresees a bright future for the property. He pointed out that a food and beverage executive must be a bit

of a psychologist to bring together a team that will result in a successful restaurant. The entire experience there was euphoric, and the service was definitely outstanding.

Dogs are welcome at the Hotel Zoso, an important note to all of you pet lovers. In fact, booking your room with your pet will get you a complimentary MANKINDdog basket in your room upon your arrival. No more worries about your beloved pooch that was left behind while you went on holiday!

For supreme enjoyment, in both the entertainment and palette sense, do not miss the exceptional sensation of having giggles and fun at Blame It On Midnight. Conveniently located just a few steps away from the Zoso, this lounge and restaurant comes highly recommended by the king of confetti himself, Rip Taylor. Rip is a regular at the club whenever he is in Palm Springs.

The club has an old-fashioned lounge atmosphere with a grand piano, and during our visit we were entertained by Geninne, an old-school lounge singer who had even invited her Compton, CA schoolmates to show up and join the rest of the audience in appreciating her fine performance.

Owner and head chef Craig Branzetti took a few minutes out of his busy schedule

to chat with us. He told us that many celebrities frequent the Zoso, including Kelly and Sharon Osbourne, Nia Peeples, politician Barney Frank, Anne Lockhart, Rip Taylor, Tab Hunter and many others.

One thing you must not fail to have at Blame It On Midnight is Mama Branzetti's Banana Cream Pie – you cannot blame yourself for delighting at midnight as you devour this divinely decadent dessert! We each had to have a slice and did not bemoan our indulgence. It was sublime.

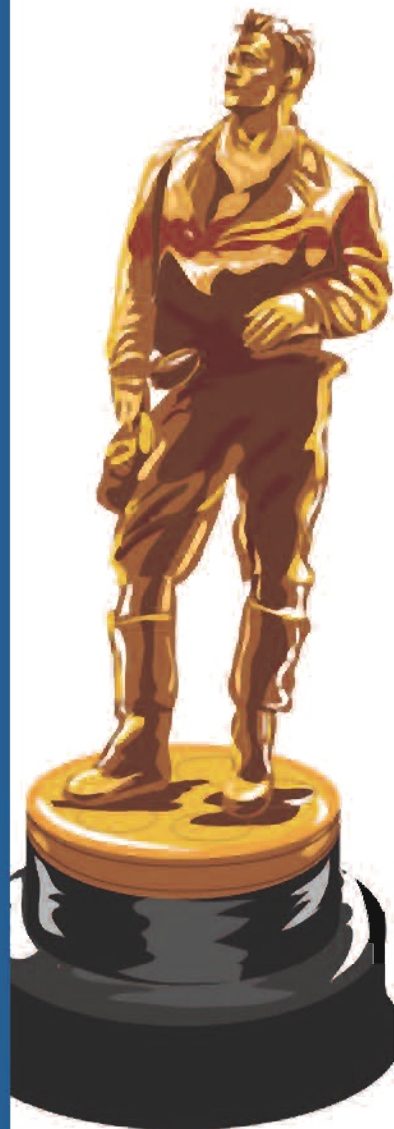
Alternative diners should check out Sherman's Delicatessen & Bakery, a truly good Kosher-style family restaurant on the other side of the hotel.

Down the street is another dining must, the Fisherman's Market and Grill, a relatively inexpensive fish house that has some of the best fresh caught fish around as well as a live blues band that can get the crowd hopping and dancing in the alley with ease on any given cool California evening.

All in all, take a break. It's not far, and is a true respite from your everyday existence. Palm Springs – make it your next nearby getaway!

And the OSCAR Goes to...

by Brian Jones



Steve Martin
Co-Host

The 82nd Academy Awards will take place at the Kodak Theatre in Hollywood, which has been its location since 2002.

The co-hosts for the 2010 ceremony will be Steve Martin and Alec Baldwin. They are expected to give a unique and hilarious performance during the ceremony. The combination of their comic genius is expected to be both delightful and charming.

Celebrities who are expected to attend the annual bash include Miley Cyrus, Kristen Stewart, Taylor Lautner, Jeff Bridges, Morgan Freeman, Meryl Streep, Maggie Gyllenhaal, Quentin Tarantino, James Cameron, and many more.

Who Will Win?

Best Supporting Actress is a title that seems to have Mo'Nique's name all over it.

The actress, who is nominated for her lead role in "Precious", has already won a SAG and Golden Globe award. She took the breath away from viewers and critics alike with her dramatic role. With several other nominations associated with the film, the "Precious" cast and crew may leave the Oscars with quite a few trophies.

Christoph Waltz is expected to earn the Oscar for Best Supporting Actor. He shone as a sociopathic Nazi in "Inglourious Basterds". He played the role with a combination of horror and disturbing humor that made his creepy performance both unique and frightening.

The Best Actress title is predicted to go to Sandra Bullock for her stunning role in "The Blind Side". Her role in the film could also mark a unique turn for her career.

Jeff Bridges' wonderfully tender acting in "Crazy Heart" is expected, by many, to earn him the title of Best Actor. However,



George Clooney, who is always a crowd-pleaser, may just steal the award away from Bridges. At this point, it's pretty hard to tell.

Lee Daniels has a good chance at becoming one of just a handful of female directors to ever win an Oscar for Best Director. Her film "Precious" may swipe quite a few Oscars at the ceremony this year.

The race for Best Picture could be pretty tight, but "Avatar" is by far the most likely candidate, but there is still a good chance that "District 9" could swoop in and steal the title.

The adaptation of the Roald Dahl classic "Fantastic Mr. Fox" is expected to win the title of Best Adapted Screenplay. The film features stunning stop-motion animation and handles Roald Dahl's quirky story with beauty and ease.

Best Original Screenplay could also go to a children's tale. The delightful family film "Up" is expected to have a strong chance at nabbing the trophy.

Controversies

The biggest controversy surrounding the 2010 Oscars is the increase in nominees for Best Picture. Since 1944, there have been only five nominees for Best Picture, but this year's Oscars will see twice that many.

The doubling of Best Picture nominees is being widely regarded as a bad move. Many industry professionals feel that the Best Picture nomination is an award in its own right and that increasing the number of nominees will reduce the quality of the accomplishment. The excitement of receiving a Best Picture nomination is also reduced. This is especially true for films from major studios which, due to the increase, are nominee shoe-ins.

An increase to ten films is certainly a strange move because it ensures a number of films make it to the ballot that have no fighting chance. The race for Best Picture should keep audiences guessing until the very end, not providing them with a laundry list of throw-away nominees.

Other controversies surrounding nominations have also bubbled to the surface, including controversy surrounding the category of Best Foreign Language Film. The voting committee has been known to exclude a number of edgy films, seemingly due to being conservative. Due to this, changes have been made in the 2010 voting committee to attempt to correct this issue.

Now, however, there is controversy regarding possible political reasons for the nominees. This includes "The Class" by French filmmaker Laurent Cantet, a previous major award-winning director. Will the committee add the film solely to avoid the embarrassment of excluding a famous foreign director, or will the decision be made purely on the quality of the work?

The category as a whole receives criticism nearly every year. Many industry professionals do not believe that all foreign language films can be lumped into a single category. With so many countries and so many films, it's extremely difficult to choose just one across all genres as the very best.

Another controversy and possibly the largest controversy at the Academy Awards is "Avatar" writer/director James Cameron. His film is nominated in a number of categories including Best Picture and Best Di-

rector, yet a number of industry professionals believe that his script was not an original.

While a win in either of those categories is not necessarily related to the writing of the screenplay, many people believe that his lack of integrity should disqualify him from the awards. It's a tough call to make. The market is currently saturated with hundreds of new films a year and many writers argue that there are no new ideas to be found. It's impossible to know whether or not James Cameron stole the premise for his blockbuster movie or was simply inspired by something else. Should ideas which are not particularly unique be considered plagiarized or is there really nothing new under the sun?

Regardless, it will be interesting to watch how these controversies play out on Oscar night.



Alec Baldwin
Co-Host



"You're overly-emotional, crying easily or being angered easily."

Behind on Sleep?

What To Do When Counting Sheep Doesn't Cut It

By Robin Bougie

HEALTH

Chug a Red Bull - it'll get you through the next few hours. Or take three NoDoze pills and keep on going. Several cups of coffee may also do the trick, but, no matter your solution, you'll experience a huge crash just before it's time to give that big presentation. To quote Dr. Phil, "How's that working for ya?"

All kidding aside, lack of sleep has been found to raise risk of car accidents due to tiredness, affect personal relationships and increase the risk of obesity, depression, and diabetes. Getting enough sleep - for most people at least 7 hours a night - can improve mood, and provide a fresh take on that difficult work assignment. Sounds like nothing could be much more important, right?

Our 24-hour society makes it hard to make sleep a priority. We are at the mercy

of multiple electronic devices (you know what they are) that refuse to give even a moment of peace. Naturally, once we finally decide it's time to snooze, it's hard to slow down. Our body and mind need time to relax before sleep. With so much stimulation every day, it can be especially hard to turn your mind off.

Why is this important? Sleep gives your conscious mind a much-needed break and lets your subconscious go to work solving problems for you. During sleep the mind can come up with creative ideas, help give a new outlook on a difficult situation, and even help make decisions.

Ever heard of the saying "Sleep on it?" It really works.

Sleep improves memory and helps increase accuracy on tasks the next day.



Dream-inducing (REM) sleep should be the goal, as it leaves you feeling the most rested. Dreams are important. They are the mind's way of processing what goes on in everyday life, helping you to better understand what you're going through and increasing your ability to deal with all sorts of situations.

So how do we get caught up if we're so behind on sleep that we're nodding off at inopportune times? It seems the obvious solution is to get more sleep, but if that's not possible, trying to improve the quality of your sleep will have to do.

Here are some ways to sleep better tonight:

1) Slow it down. Don't expect to be able to doze off immediately after visiting Facebook or watching an episode of Law & Order. Do something relaxing before bed, like taking a warm shower and crawl under the covers with a good book. Have a routine that tells your body and mind it's time for sleep.

2) Have a drink. No, not the type you're thinking. Alcohol may induce a quick nod-off, but it will likely leave you waking up early after a fitful night. Try your mom's remedy of a cup of warm milk - adding a tiny bit of chocolate flavoring can make it something to look forward to.

3) Dim the lights. Any form of light in the room can make it difficult for some people to fall asleep. Make sure your shades are dark enough to keep out that street light outside your window. Turn your clock backwards so the digital lights aren't staring at you. If need be, cover up the annoying little power lights on electronics in the room. And whatever you do, do not sleep with the TV on.

4) Stay cool. Research shows that people sleep better in a cool room, so turn down the thermostat or open up a window for better ZZZZZ's. Some people find that turning on a fan works well.

5) Time your workouts. Exercising is wonderfully sleep-inducing, but doing it too close to bedtime revs you up and makes it hard to fall asleep. Your body needs movement to tire itself out for sleep but you should try to time your workouts to allow for some relaxation time before bed. There is, however, a certain type of exercise that is allowable at bedtime...must details be given?

6) Shorten your sleep time. What, an article about sleeping better that says to sleep less? Actually, studies show that oversleeping, or getting more sleep than your body actually

needs, can make you sluggish the next day. There is an optimum amount of sleep for everyone - try to figure out what it is and stick to it as often as possible.

7) Whenever possible, take short naps. Even if it's only on weekends, a short ten to twenty minute nap can help you get caught up on missing sleep without paying for it by leaving you groggy.

8) Turn off the gizmos. It seems like you must be at the beck and call of your cell phone but really, you can train people to wait for you to call or text back. Put your sleep needs at the top of the list and turn it off when you're in bed.

9) Practice meditation techniques. Extremely helpful for turning off a busy mind at bedtime or when suddenly wide-awake in the wee hours, take a few deep breaths when trying to sleep, inhaling and exhaling slowly and completely. Let your mind go blank; try repeating some mantra that you make up, such as "quiet", "peaceful", or "I'm feeling at one with the universe" - whatever works for you. This can take practice to achieve, so don't give up after one try. Remember your grandma telling you to count sheep? Same deal.

Signs That You May Be Low On Sleep

- You wake up in the morning (or whenever) and you feel like you haven't slept a wink.

- It's difficult for you to think, your mind is foggy and it's hard to concentrate. Even simple decisions are tough. You may act more impulsively than usual.

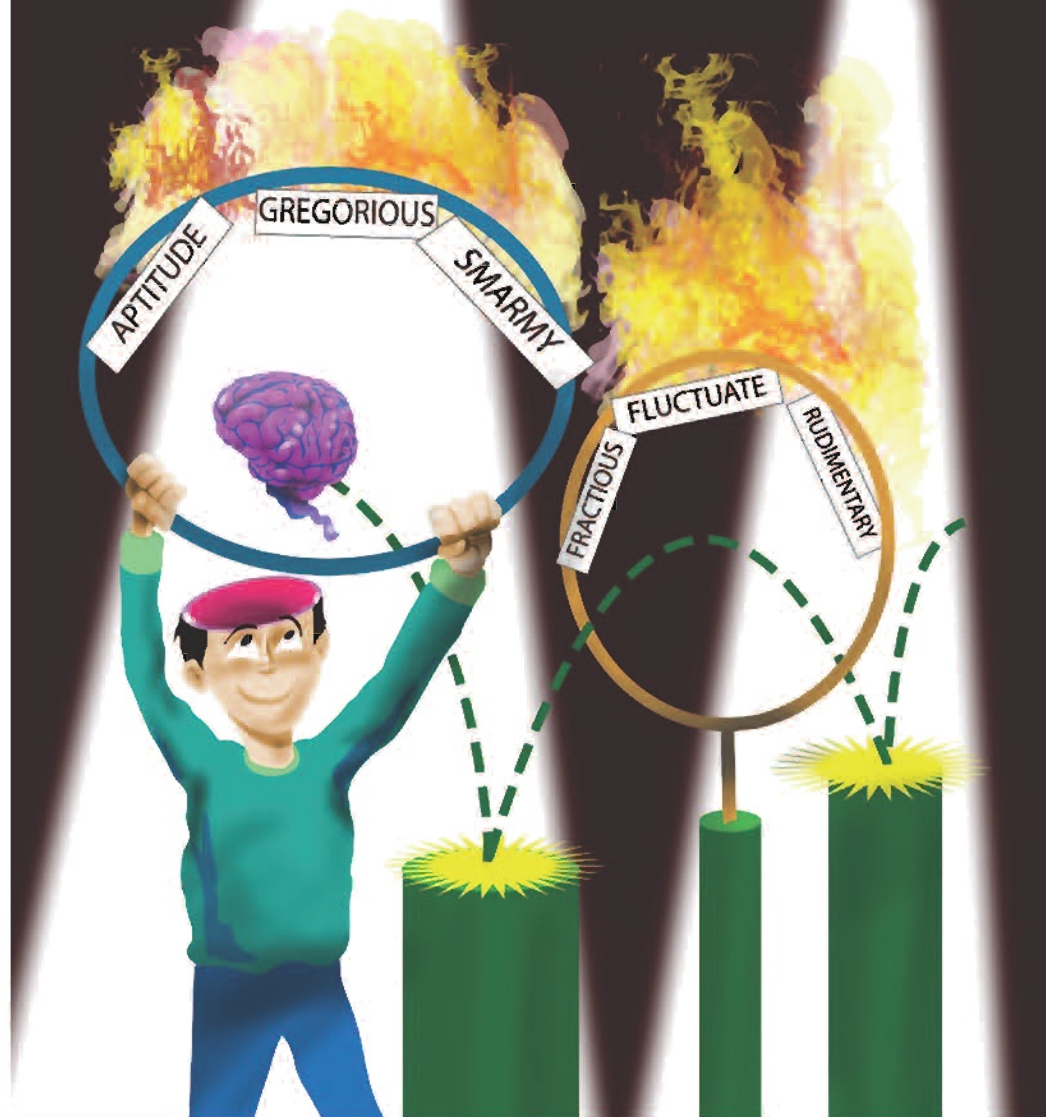
- You're overly-emotional, crying easily or being angered easily.

- You make poor food choices, going for sugary treats and simple carbohydrates. Remember, your body is looking for an energy boost. Don't cause a crash!

- You doze off at times you don't plan to, such as at work, in class, or at the movies.

- People are constantly telling you that you look tired.

- It seems like you catch every flu virus going around.



Train Your Brain Use More Than 10% of Your Noodle

By Layla Merritt

Brain fitness has basic principles: variety and curiosity. When anything you do becomes second nature, you need to make a change. If you can do the crossword puzzle in your sleep, it's time for you to move on to a new challenge in order to get the best workout for your brain. Curiosity about the world around you, how it works and how you can understand it will keep your brain working fast and efficiently.

In our imaginations, we fancy ourselves possessors of the wit and skill at repartee of a Robin Williams or a Conan O'Brien - until we stand tongue-tied over cocktails. But it's not entirely a flight of fancy. It is entirely possible to think a little faster, a little smarter, a little wittier.

Think of it as cross-training your brain - it's

really not all that difficult. Conventional wisdom holds that we use a mere 10 percent of our brain cells. Why not put the rest of your head into gear?

Here are some fun, simple techniques that will help flex your brain muscles.

Question your assumptions. Give conventional wisdom a nudge and re-think your environment. Consider an everyday product and list everything you know to be absolutely true about the product. Now go back and question every assumption. Tony Basche did just that when he stopped assuming locks had numbers and invented the Wordlock—he won \$25,000 plus royalties in a Staples contest for his innovation.

Laugh. Watching Comedy Central may give your creative thinking a boost. Studies show that people are better at solving exercises

designed to measure creative thinking immediately after exposure to comedy. Subjects said they felt more alert, active, interested and excited after watching comedy. But there's a caveat: humor can be distracting and can decrease performance on non-creative tasks.

Limit TV. When you watch television, your brain goes into neutral. In one study, people watching television had increased alpha brain waves—their brains were in a passive state, as if they were just sitting in the dark. No wonder TV watching has been tied to low achievement.

Think beans for breakfast. Eating the right morning meal can have a big impact on brain-power. Kids who have fizzy drinks and sugary snacks for breakfast perform poorly on tests of memory and attention. You can get the biggest brain boost from—believe it or not—beans. High-protein beans raise cognitive test scores by a wide margin.

Exercise. Physical activity is as much a workout for your brain as for your body. Exercise actually stimulates growth in brain cells. Schoolchildren who exercise three or four times a week get higher than average exam scores. Senior citizens who walk regularly perform better on memory tests than their sedentary peers. In fact, as they age, walkers show far less cognitive decline than that of non-walkers.

Master eloquence. Verbal charm is a powerful tool—it can get you that job you are seeking or that date you are after. Each day, prepare flashcards with a few new words and review them at least four times a day. Content yourself with fewer than eight new words per day; more than that could inhibit retention. At the end of the year, you will have increased your vocabulary by 2,000 words!

Get your nutrients. Unlike muscles, the brain cannot store energy; it must be constantly replenished with nutrients. Studies show that a diet rich in antioxidants and vitamins boosts memory and cognition. The best way to meet needs is by eating a variety of foods. In fact, healthy individuals who eat a balanced diet rarely need supplements. So load up on foods like nuts, whole grains, vegetables, fruits and fish.

Play with your brain. Learn a new language, master a new hobby or engage in friendly debate. Playing with your brain stimulates blood flow and strengthens the connections (synapses) between nerve cells in the brain. Read challenging books or do puzzles—and whatever you do, use your other hand to comb your hair or brush your teeth.



April 15th Are You Tax Ready?

By Zach Bragen

Illustration By Bryant Arnold

Preparation is the key to filling out your tax return. You will make things much easier for yourself if you get hold of all the necessary documents before you sit down with the forms. This means that you need to keep any important receipts and papers that you are sent during the year and that when tax season comes around you need to know where they all are.

Allow yourself plenty of time to fill in your return, and schedule it well ahead of the deadline. Take your time. It is better to be too careful now, double-checking everything and writing slowly and clearly, than having to sort out mistakes later. Some of the most common errors are surprisingly avoidable. People often use the wrong tax code, enter figures on the wrong line or make a mistake in their social security number. Calculation errors are less common, thanks to the use of computers, although those filling out a paper return should be careful.

Completing your own tax return can be fairly straightforward if you only have to fill out the most basic form, a straight wage earner W2 with standard deductions. Things are more complicated for business owners, and they may benefit from paying for some professional help. Twenty percent of adults filing tax returns in the U.S. use online services, while fifty percent employ professional help.

A professional tax preparer or accountant can fill in the forms for you, and will also be there to help defend the tax return should anything be called into question. They will be aware of all the latest tax breaks and regulations, and will ensure that you get everything you are entitled to. A Certified Public Accountant is licensed by the state, while an Enrolled Agent is licensed by the IRS. Both can cope with corporate taxes and audits. A Tax Preparer may be state registered. They are suited to simpler tax returns.

The main benefits of using a professional tax service are that it saves time for you, it is quick and accurate, your accountant can create a customized strategy for your taxes, and they will be able to manage complex situations. It can be worthwhile paying for a professional tax preparer if these advantages are important to you, although many people will be able to prepare their own tax returns just as well and save their money.

The cost of a professional service will depend largely on the complexity of your tax situation. It will usually fall somewhere between \$150 and \$450. There will be variation between providers, however, so it is a good idea to talk to a number of different people before you make your selection.

The major nationwide tax franchises (e.g. Liberty Tax, Jackson Hewitt, and H&R Block) can turn around a tax return remarkably quickly. Their focus on speed may lead to less than perfect accuracy, however. If you are going to use one of these companies it is

a good idea to check the qualifications of the specific person who will be handling your return. Find out if they are a Certified Public Accountant (CPA), for example.

You can get a more personalized service if you go directly to a CPA or Enrolled Agent rather than through a big company. These highly trained professionals will be able to minimize your tax payments and to help you plan your financial future. You will have to pay more than if you use a franchise, but you can get more for your money. Tax professionals in your area can be found in the phone directory or by searching online. The American Institute of Certified Public Accountants provides links on their website for consumers looking for a tax professional.

If the reason you need a professional service is that your tax situation is too complicated to handle yourself, then you should look for an accountant with specialist knowledge of the relevant tax regulations. Every tax professional will have his or her own area of interest, whether it is dealing with small businesses, filing returns for people who live abroad, or resolving audit problems. If your situation is particularly complex, you may want to hire a tax attorney. They can help plan tax strategies for businesses or handle legal issues with the IRS.

Wherever you turn for professional help, you should choose an accountant or company that guarantees accuracy and who will stand by their work. They should be willing to correct any errors and attend an audit with you if necessary. There should be no need to pay for an additional guarantee, as their work should be accurate. You can check the background of a tax professional by finding out if the Better Business Bureau has any record of past problems. You can also check them out with the relevant body- the state bar for attorneys, for enrolled agents, the Office of Professional Responsibility and the state accountancy board for CPAs.

You will still be responsible for providing the correct information to your tax professional, so make sure you have all the necessary documents, and you should review the return yourself before you sign it.

If you need some help with your tax return but you don't want to pay a professional to fill it in for you, then there is another way. A number of online services offer software that can make tax returns easier to fill in and understand. These programs ask you for your details and add them to the correct part

of the form. They even perform the calculations for you.

TurboTax is an online service that does not require the user to download any software. It can therefore be used from any computer. You can free-file with TurboTax if you make less than \$31000 a year, are eligible for Earned Income Tax Credits, or are in the military. TurboTax is ideal for anyone with a fairly simple tax return. Upgrading to the Deluxe Edition provides additional functions. TurboTax has a good reputation and is easy to use.

TaxSimple has a simple layout and is also simple to use. Anyone under 66 whose income is less than \$57000 can file for free.

The IRS has its own service, Freefile, available to anyone with a gross adjusted income under \$57000, free of charge.

If you do not qualify for free filing, you may still be able to use these online services, but you will have to pay a small fee, usually about ten to fifteen dollars.

You should choose an online service that you find comfortable and easy to use. It is also a good idea to pick one with a good support service in case anything goes wrong.

However, your tax return will be filed, you will probably be hoping for a big payment from the IRS. Getting a large sum back is not necessarily a good thing, however, as you could actually end up poorer than you should be. You may be able to avoid paying the tax in the first place, which means you will have the money yourself rather than having handed it over to the government. If you have the money then you can invest it and see it grow. If the IRS has it then even though you will get it back, you will miss out on the interest you could have earned.

Put savings into tax-exempt accounts and set aside more of your income before it is taxed by opening a Health Savings Account and increasing IRA or 401k contributions.

To get the maximum benefit from the system you need to know what you are entitled to. Always be aware of changes to the tax system, such as new tax credits and deductibles. It can be worth your while to educate yourself about the tax system and to renew your knowledge every year before you fill in your return. You may be eligible for the new homeowner deduction, for example, and if you have been unemployed during the

year, you can claim for expenses incurred in the search for a new job. Eligible people often miss out on deductions such as College Tuition Credit and Clean Fuel Credit. If you work from home, even part time, then your home computer and office equipment may be deductible. Even if you are not eligible for a home office deduction, you can still claim for office supplies.

You can get the most out of the tax system by planning your financial activity around the tax year. You may be able to manipulate the timing of major expenditures and influxes of cash to spread them between different tax years.

You should also make sure that you file an accurate return to avoid getting into trouble or having to pay a fine, and keep hold of your receipts during the year so you can claim for all your expenses.

The best ways to avoid tax season stress are to prepare well, file early and use an online or professional service to make the job easier on you. You will also find it easier if you learn as much as you can about the tax system, particularly the parts that are relevant to you, before you attempt to fill in the form. Take your time, and find a quiet space in which to work, away from all distractions. Make sure you have everything you need before you start, and that you understand what you need to do. Don't try to finish the whole thing in one sitting, plan to spread the work over as many days as you need, and allow yourself to take a break when you need it.

Set up reminders for yourself so that you will begin to work on your tax return in plenty of time. Give yourself reminders in your diary or calendar, set up alerts on your Blackberry or smartphone. Don't let yourself leave it too late.

Don't set yourself up for worse headaches in the future. Always file an accurate tax return.

Whether or not you have managed to file your tax return this year with the minimum of stress, and whatever your intentions are as regards doing the work yourself or hiring a professional, there are ways in which you can prepare for the next tax season to make it as easy on you as possible. The most obvious is to keep hold of receipts and documents. Find a safe place to store them and make sure you actually use it throughout the year. You can also put into action any strategies that you or your professional adviser have come up with to maximize your tax return, such as opening up tax-exempt savings.



Blue Man Group
The Venetian

Regal Red Rock Stadium 16
11011 Charleston 89135
702.233.6948

UA Showcase 8
3769 Las Vegas Blvd 89109
702.740.4511

Regal Texas Station Stadium 18
2101 Texas Star 89030
702.631.2206

Century Orleans 18
4500 Tropicana 89103
702.889.1220

Century 16 South Point
9777 Las Vegas Blvd 89183
702.260.4061

Century 18 Sam's Town
5111 Boulder Hwy 89122
702.547.1732

Cinedome 12 Henderson
851 Boulder Hwy 89015
702.566.1570

Century 16 Suncoast
9090 Alta Dr 89144
702.869.1880

UA Rainbow Promenade 10
2321 Rainbow 89108
702.636.2869

Regal Village Square 18
9400 W Sahara Ave 89117
702.838.0490

Century 16 Santa Fe Station
4949 Rancho 89130
702.655.8178

Regal Boulder Station 11
4111 Boulder Hwy 89121
702.641.7505

Regal Aliante Stadium 16 & IMAX
7300 Aliante 89084
702.399.2575

Regal Sunset Station Stadium 13 & IMAX
1301 Sunset 89104
702.454.1186

Galaxy Cannery
2121 Craig Rd 89030
702.639.9779

Regal Colonnade 14
8880 Eastern 89123
702.948.2908

Regal Fiesta Henderson 12
777 Lake Mead 89105
702.564.2535

Regal Green Valley Ranch 10
2300 Paseo Verde 89052
702.361.4064

Regency Tropicana Cinemas
3330 Tropicana 89121
702.438.3456

West Wind Las Vegas 5 Drive-In
4150 W Carey 89032
702.646.3565

Rave Motion Pictures Town Square 18
6857 Las Vegas Blvd 89119
702.362.7283

MOVIES

ENTERTAINMENT EVENTS

Compiled by Nick Bougie

LIVE SHOWS

Aliante Station Casino & Hotel - 702-692-7777
Jerry Tiffe at Access.....Wed
Superstar Karaoke.....Thurs
Third Town at Access.....Fri
Caliente Noche Latina at Access.....Sat

Bally's Las Vegas - 702-739-4111
Jubilee.....Sat-Thurs
The Price is Right Live.....Tues-Sat

Bill's Gambler's Hall & Saloon - 702-737-2100
Big Elvis.....Mon-Fri
Bill's Lounge Karaoke.....Sun-Tues

Bellagio - 702-693-7111
Cirque du Soleil presents "O".....Wed-Sun
Fountains of Bellagio - Light and Music Show.....Nightly

Boulder Station Hotel & Casino - 702-432-7777
Karaoke ft. DJ Tiny at Kixx.....Fri
Van De Guzman.....Thurs, Sat

Caesars Palace - 702-731-7110
Bette Midler.....Tues-Wed, Sat-Sun

Cannery Hotel & Casino - 702-507-5700
Pin-Ups Lounge Live Music.....Tues-Sun

Circus Circus Hotel & Casino - 702-734-0410
Free Circus Acts.....Daily

Eastside Cannery Hotel & Casino - 702-856-5300
The Fab - Beatles Tribute.....Tues

Excalibur Hotel & Casino - 702-597-7777
Tournament of Kings.....Wed-Mon
Thunder From Down Under.....Nightly
Louie Anderson.....Sun-Thurs
Defending the Caveman.....Daily
Karaoke at The Lounge.....Wed-Sun

Fiesta Henderson Hotel & Casino - 702-558-7000
Karaoke w/ DJ Tiny at Cerveza Cantina.....Sat

Fiesta Rancho Hotel & Casino - 702-631-7000
Noches Latinas at Club Tequila.....Fri
El Moreno Carrillo Y Su Banda Tierra Sagrada at Club Tequila.....Sat

Fitz Casino & Hotel - 702-388-2400
Marriage Can Be Murder.....Nightly
Kevin Burke.....Nightly

Flamingo Las Vegas - 702-733-3111
George Wallace.....Tues-Sat
Donny and Marie.....Tues-Sat

Nathan Burton.....Tues-Wed, Fri-Sun
Vinny Favorito.....Nightly

Golden Nugget Las Vegas - 702-385-7111
Gordie Brown.....Tues-Sat
Frankie Moreno Band at Rush Lounge.....Wed-Sun

Golden Nugget Laughlin - 702-298-7111
Sax Man Brown at Tarzan's.....Thurs
DJ Creative at Tarzan's.....Thurs-Sat

Greek Isles Hotel & Casino - 702-952-9000
Short Bus Comics.....Thurs-Sat

Green Valley Ranch Resort & Spa - 702-617-7777
Yellow Brick Road at Ovation Lounge.....1st Thurs
The Lon Bronson All Star Band at Ovation Lounge.....2nd Thurs
Echoes of the 60s at Ovation Lounge.....3rd Thurs
Steel Panther at Ovation Lounge.....Fri
Sin City Sinners at Ovation Lounge.....Sat
Darby O'Gill & The Little People at Quinn's Irish Pub.....Fri-Sat

Hooters Casino & Hotel - 702-739-9000
The Todd Paul Show.....Sat-Thurs
Men of "X".....Wed-Mon
Purple Reign-The Prince Tribute Show.....Fri-Sun

Imperial Palace Hotel & Casino - 702-731-3311
Human Nature.....Sat-Thurs
Matsuri.....Sat-Fri
The Auto Collections – World's Largest
Classic Car Showroom.....Daily

Las Vegas Hilton Hotel - 702-732-5111
Sin City Bad Girls.....Mon-Sat
"Voices" starring Lani Misalucha.....Thurs-Sun
Ladies Night at Tempo Lounge.....Tues
Live Jazz by Nova.....Wed-Thurs
More & Gendle at Tempo Lounge.Tues, Fri-Sat

Luxor Las Vegas - 702-262-4444
Criss Angel Believe.....Tues-Sat
Carrot Top.....Wed-Mon
Fantasy.....Nightly
Menopause The Musical.....Nightly

MGM Grand Hotel & Casino - 702-891-7777
KÀ by Cirque Du Soleil.....Tues-Sat
Crazy Horse Paris.....Wed-Mon
Lion Habitat.....Daily

Mandalay Bay - 702-632-7777
Disney's The Lion King.....Sat-Thurs
Shark Reef Aquarium.....Daily

Mirage Las Vegas - 702-791-7111
The Beatles Love.....Thurs-Mon
Terry Fator & His Cast of Thousands...Tues-Sat
Siegfried & Roy's Secret Garden
and Dolphin Habitat.....Daily
Mirage Volcano.....Daily

Monte Carlo Resort & Casino - 702-730-7777
Lance Burton.....Tues-Sat
Frank Caliendo.....Mon-Tues, Fri-Sat

New York-New York Hotel & Casino - 702-740-6969
Zumanity by Cirque
du Soleil.....Tues-Wed, Fri-Sun
Rok Vegas.....Wed-Sat
Dulce Latin Night at
Gonzalez Y Gonzalez.....Fri-Sat

O'Sheas Las Vegas Casino - 702-697-2711
Mental.....Tues-Sat
Karaoke Lounge.....Wed
Acoustic Soul at Dublin' Up Lounge.....Fri

Palace Station - 702-367-2411
Evenflow at Jack's Pub.....Thurs
Stand-Up at Bonkerz Comedy Club...Thurs-Sat
Nuff Said at Jack's Pub.....Fri-Sat

Palazzo Resort Hotel & Casino - 702-607-7777
Jersey Boys.....Thurs-Fri, Sun-Mon
Industry Tuesdays at Lavo ft. DJ Five.....Tues
Rock 'N Roll Wine Lounge at Lavo.....Thurs
DJ Vice Sundays at Lavo ft. DJ Vice.....Sun

Palms Casino Resort - 702-942-7777
Paul Oakenfold's "Perfecto" at Rain.....Sat

Paris Hotel and Casino - 702-946-7000
Anthony Cools.....Tues, Thurs-Sun

Dueling Pianos at Napoleon's.....Tues-Sun

Plaza Hotel & Casino - 702-386-2110
Superstars of Magic.....Wed-Mon
Next Movement.....Thurs-Sun
Rat Pack.....Nightly

Rampart Casino - 702-507-5900
Nino and Armando
at Round Bar.....Fri-Sat, Mon-Tues
Jamariha at Round Bar.....Sun, Wed

Red Rock Casino Resort & Spa - 702-797-7777
JD Live at Rocks Lounge.....Fri-Sat

Rio All-Suites Hotel & Casino - 702-252-7777
Penn & Teller.....Sat-Wed
Chippendales.....Daily
Masquerade Show in the Sky.....Thurs-Sun

Riviera Hotel & Casino - 702-734-5110
Crazy Girls.....Nightly
The Riviera Comedy Club.....Nightly

Riviera (Le Bistro Theatre) - 702-734-5110
Dr. Scott Lewis Outrageous
Comedy Hypnotist.....Mon
Barbra & Frank,
the Concert That Never WasTues-Fri, Sun

Sahara Hotel & Casino - 702-737-2654
The Magic & Tigers of
Rick Thomas.....Nightly
Sandy Hackett's Rat Pack Show.....Nightly
The Comedy Stop.....Nightly

Sam's Town Hotel & Gambling Hall - 702-456-7777
Free Jazz Fridays.....Fri

Sante Fe Station Hotel & Casino - 702-658-4900
Spazmatics at Chrome ShowroomFri
Hookah at 4949 Lounge.....Fri-Sat

Stratosphere Hotel & Casino - 702-380-7777
American Superstars.....Fri-Wed



Denn & Teller
Rio



Terry Fator & His Cast of Thousands
Mirage

Bite.....Fri-Wed
Observation Deck, 1,149 ft. High.....Daily
Big Shot Thrill Ride.....Daily
X-Scream Thrill Ride.....Daily
Insanity, the Ride.....Daily

Sunset Station Casino & Hotel - 702-547-7777
Shawn Eiferman
at Rosalita's Cantina.....Thurs-Sat

Texas Station Gambling Hall & Hotel - 702-631-1000
Rat Pack Fridays at South Padre.....Fri
Jerry Tiffe at South Padre.....Sun

Treasure Island Las Vegas - 702-894-7111
Mystère.....Sat-Wed
Sirens of TI.....Nightly
Roe the Mic at Kahunaville.....Thurs-Sat

Tropicana Resort & Casino - 702-739-2222
Wayne Newton.....Tues-Sat
Xtreme Magic starring Dirk Arthur.....Tues-Sat
South Beach.....Thurs-Sat
Savannah Jack.....Thurs-Sun

Venetian Casino Resort - 702-414-1000
Blue Man Group.....Nightly
Phantom of the Opera.....Mon-Sat

Wynn Las Vegas - 702-770-7100
Le Rêve.....Thurs-Mon

SPECIAL ENTERTAINMENT EVENTS

Boulder Station - 702-432-7777
Guitars & Saxes.....5/28
Dennis Wise.....8/14

Buffalo Bill's Star of the Desert Arena (Primm) - 702-386-7867
Gladys Knight.....3/12
Bret Michaels.....3/27
Melissa Etheridge.....4/3
Neil Sedaka.....4/10
Sugarland.....4/23
Gabriel Iglesias.....5/8
Smokey Robinson.....5/29

Caesars Palace (Colosseum) - 702-731-7110
Jerry Seinfeld.....4/30-5/1

Cannery Hotel & Casino - 702-507-5700
Peace Frog.....3/5-6
The Yardbirds.....3/12



Martin Lawrence
The Palms

The Fab.....3/13
Led Zepagain.....3/26
Jay & The Americans.....4/3
Johnny Rivers.....4/10
The Outlaws.....4/16
Creedence Clearwater Revisted.....4/17
The O' Jays.....4/24
Viva!.....4/30

Eastside Cannery Casino and Hotel - 702-856-5300
Eddie Money & John Waite.....3/20
Jenni Rivera.....4/10
Ronnie Milsap.....5/28

Flamingo Las Vegas - 702-733-3111
John Edward.....3/6

Hard Rock Hotel (Joint) - 702-693-5000
Experience Hendrix.....3/6
Zac Brown Band.....3/13
Them Crooked Vultures.....4/17
Santana.....4/21-22, 4/24-25, 4/28, 4/30
Keith Urban.....4/23

Hard Rock Hotel (Wasted Space) - 702-693-5000
Galactic.....3/7
Young Dubliners.....3/14
Michael Monroe.....3/15
Face To Face.....3/19
CKY.....3/28
Cash'd Out.....4/1
Heartless Bastards.....4/29
Iration.....5/6

Harrah's Laughlin (Fiesta Showroom) - 702-298-4600
Esteban.....3/3
Natalie Cole.....3/20
Darryl Worley.....3/26
Tony Orlando.....5/1

Las Vegas Hilton - 702-732-5111
George Lopez.....3/5-6
The Wholigans.....3/10
Aeromith.....3/17
Chicago.....4/2-3
Earth, Wind & Fire.....4/16-17
Petula Clark.....5/1

MGM Grand (Hollywood Theatre) - 702-891-7777
David Copperfield.....3/2-10, 3/18-31
Lily Tomlin.....3/11-17, 4/29-5/5
Girls Night: The Musical.....5/6-12

MGM Grand Garden Arena - 702-891-7777
Bon Jovi.....3/6
AC/DC.....4/9
Brooks & Dunn.....4/19
Eagles.....4/24

Mandalay Bay (House of Blues) - 702-632-7777
Tegan & Sarah.....3/2
Killswitch Engage.....3/3
Sevendust.....3/12
New Found Glory.....3/19
Paul Wall and Chamillionaire.....3/24
Bad Religion.....3/26-27
Hammerfall.....3/30
Alkaline Trio.....4/3
Fear Factory.....4/10
Arctic Monkeys.....4/16
Ramon Ayala.....4/18
Thrice.....5/7

Mandalay Bay Events Center - 702-632-7777
311 Day.....3/11
John Mayer.....3/27
Alicia Keys.....4/9
Muse.....4/10

Mirage Las Vegas - 702-791-7111
Jay Leno.....3/12-13, 4/2-3, 4/23-24, 5/14-15
Ray Romano & Kevin James.....3/5-6, 4/16-17
Jo Koy.....3/20
Daniel Tosh.....3/26-27
Ron White.....4/9-10
Cheech & Chong.....5/21-22
Lewis Black.....5/29-30

Orleans Hotel & Casino (Orleans Showroom) - 702-365-7111
Engelbert Humperdinck.....3/5-7
Dennis DeYoung.....3/13-14
The Flying Karamazov Brothers.....3/27-28
Steven Wright.....4/10-11
Dennis Miller.....4/16-18
Perry Danos.....4/23-25

Orleans Hotel & Casino (Orleans Arena) - 702-365-7111
Daughtry.....4/29
Carrie Underwood.....5/22



Clint Holmes
Suncoast

Palms Casino Resort (Pearl Theater) - 702-942-7777
Martin Lawrence.....3/19-20
Jay-Z.....3/27
One Million Star.....4/3
Thirty Seconds To Mars.....4/9
The Dead Weather.....4/18
New Kids On The Block.....5/7-8



Eagles
MGM Grand



Sante Fe Hotel & Casino
(Chrome Showroom) - 702-658-4900
Joe Nichols.....6/26

Suncoast Hotel & Casino - 702-636-7111
A Salute to Bill Fayne.....3/6
Clint Holmes.....3/13
The Osmonds.....3/27-28
Frank Sinatra, Jr.....4/10-11
The Las Vegas Tenors.....4/24-25
Steve March Torme.....5/8-9

Sunset Station - 702-547-7777
Stephen Pearcy of RATT.....3/26
Al Stewart.....4/24
David Nail.....5/1
Janie Fricke.....5/28

Tropicana Express Laughlin
(Pavilion Theater) - 702-298-4200
Big Bad Voodoo Daddy.....3/13
David Allan Coe.....4/23-24

SPORTS

Buffalo Bill's Star of the Desert Arena
(Primm) - 702-386-7867
WCK Full Rules MuayThai.....4/17

Las Vegas Motor Speedway - 800-644-4444
Super Chevy Show.....3/19-21
Spring Shootout.....4/11
NHRA SummitRacing.com
Nationals.....4/16-18
Mother's Day Weekend Special.....5/8

MGM Grand Garden Arena - 702-891-7777
Mayweather v. Mosley.....5/1
Free Kick Masters.....12/27-29

Mandalay Bay Events Center - 702-632-7777
Hopkins v. Jones.....4/3

Orleans Hotel & Casino - 702-284-7777

Las Vegas Wranglers Season..... 10/8-4/3
WCC Basketball Championships..... 3/5-8
Geico MiniMotoSX..... 5/7
Geico Endurocross..... 7/17

Sam Boyd Stadium - 702-739-3267
Monster Jam World Finals.....3/27
Monster Energy Supercross Finals.....5/8
Amateur National Arenacross
Championships.....5/9

Thomas & Mack Center - 702-739-3267
UNLV Basketball Season.....1/10-3/6
Mountain West Conference
Tournament.....3/9-3/13
WWE presents Smackdown.....3/30
PBR World Cup.....4/16-18
2010 PBR World Finals.....10/20-24

CONVENTION AND EXHIBITION CENTERS

Alexis Park Resort - 702-796-3300

Bellagio - 702-693-7111

Caesars Palace - 702-731-7110

Cashman Center - 702-386-7100

Flamingo Las Vegas - 702-733-3111

Green Valley Ranch Resort & Spa - 702-617-7777

Hard Rock Hotel & Casino - 702-693-5000

Imperial Palace Hotel & Casino - 702-731-3311

Las Vegas Convention Center - 702-892-0711

Las Vegas Hilton Hotel - 702-732-5111

Mandalay Bay Convention Center - 702-632-7777

MGM Grand Hotel & Casino - 702-891-7777

GOLF COURSES

Aliante Golf Club - 702-657-0194
Angel Park Golf Club - 702-254-4653
Badlands Golf Club - 702-243-8160
Bali Hai Golf Club - 888-427-6678
Bear's Best Golf Club - 702-804-8500
Black Mountain Golf Club - 702-565-7933
Boulder City Golf Course - 702-293-9236
Boulder Creek Golf Club - 702-294-6534
Cascatas Golf Course - 702-294-2000
Coyote Springs PGA Golf Club - 877-742-8455
Desert Pines Golf Club - 888-427-6678
Desert Rose Golf Club - 702-431-4653
Eagle Crest Golf Course - 702-240-1320
Highland Falls Golf Club - 702-254-7010
Las Vegas Golf Course - 702-646-3301
Las Vegas National Golf Club - 702-734-1796
Painted Desert Golf Club - 702-645-2568
Paiute Golf Resort - 702-658-1400
Palm Valley Golf Club (Sun City) - 702-363-4373
Primm Valley Golf Club - 702-679-5509
Red Rock Country Club
(Arroyo Course) - 702-258-2300
Reflection Bay Golf Club - 702-740-4653
Revere Golf Club - 702-259-4653
Rhodes Ranch Golf Club - 702-740-4114
Rio Secco Golf Club - 702-777-2400
Royal Links Golf Club - 888-427-6678
Siena Country Club - 702-341-9200
Silverstone Golf Club - 702-562-3770
Spanish Trail Country Club - 702-364-5050
TPC Summerlin Golf Course - 702-256-0111
Tuscany Golf Club - 702-951-1500
Wildhorse Golf Club - 702-434-9000



Orleans Hotel & Casino - 702-365-7111

Palace Station Hotel & Casino - 702-367-2411

Riviera Hotel & Casino - 702-734-5110

Sands Expo & Convention Center - 702-733-5556

South Point Casino Hotel & Spa - 702-796-7111

Tropicana Resort & Casino - 702-739-2222

PERFORMING/ FINE ARTS, MUSEUMS AND LIBRARIES

Artemus Ham Concert Hall (UNLV) - 702-895-3535
Garrison Keillor.....3/19
Clark County School District Honor Band...3/23
All My Sons.....3/29-31, 4/4-7
The Best of Rodgers &
Hammerstein: Broadway in Concert.....3/30
Harry the Dirty Dog.....3/1
The Moscow Festival Ballet performing
Coppelia.....3/4
Death and Transfiguration.....3/16
2010 Clark County School District
Dance Festival.....3/18
The Little Dog Laughed.....3/26-28

**Bellagio Conservatory &
Botanical Gardens - 702-693-7111**
Gardens From Around the WorldDaily

Bellagio Gallery of Fine Art - 702-693-7871
12 + 7: Artists & Architects of
CityCenter.....11/1-4/1

Centennial Hills Library - 702-507-6100
Dance Dance Revolution.....3/7
United Blood Drive.....3/11
The Art of Origami.....3/14
Las Vegas Quilters.....3/16
Monday Night Masterpiece.....4/1
Adventures in Art: Impressionism
and Monet.....4/6
Nevada Camera Club.....4/11
Holiday Scrapbooking and Card Making.....4/21

Clark County Library - 702-507-3400
What's Got You Puzzled?.....3/6
Nevada Hands & Voices.....3/7
Film: A Matter of Life and Death.....3/12
UNLV Liberace Jazz Quartet.....3/13
Together Time.....3/14
Popcorn Storytime.....3/19
United Blood Drive.....3/23
Henderson Writers Group.....3/25
Falun Dafa.....3/26
Film: Goodfellas.....3/28
Dinosaur Day.....3/30
Shifting Sands Belly Dancing.....4/2
Why I Catch the Night Train.....4/5
The Dance Zone.....4/8
It Looked like Spilt Milk.....4/11
The Caring Place.....4/14
CCSD's Honor Mariachi Concert.....4/19
Las Vegas Crafters.....4/23
Sweethearts Blood Drive.....4/27
Performing Arts Society of Nevada.....4/28

Enterprise Library - 702-507-3760
Family Storytime.....3/9
Street Photographs.....3/12
2010 Movie Marathon.....3/25
Diary of a Wimpy Kid: Dog Says.....3/26
Peace and Love Day.....4/13
The Films of Hayao Miyazaki.....4/20

United Blood Drive..... 4/26
Yu-Gi-Oh..... 4/30

Gibson Library - 702-565-8402
Wii the Teens.....3/2
Recess Rewind.....3/7
Infant Massage.....3/9
Noodle Art.....3/12
Nevada Old Time Fiddlers Jam.....3/13
Teen Volunteer Day.....3/19
Third Thursday.....3/21
Henderson Library Book Club.....3/26
Stories That Take You Around the World.....3/31
Intro to Facebook.....4/10
United Blood Drive.....4/12
Crafty Teens: Glass Magnets.....4/20

Green Valley Library - 702-207-4260
Teens Cook.....3/5
Bake With Me: Chocolate!.....3/6
Blood Drive.....3/9
Teens of the Round Table.....3/12
Tots Story Time.....3/19
Babies & Books.....3/21
Bilingual Story Time.....3/22
The Real CSI.....3/27
Manga Café.....4/2
Pizza and Pages Book Club.....4/4
The Mad Scientist!.....4/6
Anime Club.....4/16
Nevada Test Site: A History.....4/17
Teen Book Club.....4/23
Ole! Celebrate National Tortilla Chip Day!..4/24

Las Vegas Library - 702-507-3500
Bilingual Storytime.....3/9
Anime Omega.....3/23
Meet our Puppets: Animals.....3/26
Diary of a Wimpy Kid.....4/9
Movies and Books: Up!.....4/25
Sojourner Truth: I Sell the Shadow.....4/27

Lied Discovery Children's Museum - 702-382-5437
It's Your Choice -
Developing Healthy Eating Habits.....Daily
Green Village -
Environmentally Conscious Mini-City.....Daily
Desert Discovery.....Daily

Luxor Las Vegas - 702-262-4444
Bodies The Exhibition.....Daily
Titanic: The Artifact Exhibition.....Daily

Malcolm Library - 702-263-7522
Drop-In Storytime.....3/5
Malcolm Adult Book Chat.....3/11
Question of the Day.....3/13
Fun Family Movie.....3/21
Mad Hatter Tea Party!.....3/27
Pigeon Party.....4/18
Wii the Teens.....4/25

Nicholas Horn Theatre (CSN) - 702-651-5483
The Taming of the Shrew.....3/5-6
When You Comin' Back,
Red Ryder?.....3/19-21, 3/26-28
Vocal Jazz Solo Nights.....4/5-6

Paseo Verde Library - 702-492-7252
Rock Band.....3/2
Arts and Crafts Club.....3/4

Film Movement Series: Israeli film.....3/6
 Homework Help.....3/11
 Mystery Readers Book Club.....3/12
 HDPL Friends Used Book Sale.....3/16
 Toddler Storytime.....3/19
 Only Ones Storytime.....3/21
 Resume Workshop.....3/26
 Fairy Tale Theater – Musical Puppet Plays.....3/27
 Film Movement Series: Scandinavian Film.....4/3
 Picnic & a Movie.....4/8
 American Girls.....4/13
 Young Scientists – pH Pandemonium!.....4/17
 Preschool Storytime.....4/23
 United Blood Drive.....4/25

Rainbow Library - 702-507-3710

Wednesday Movie Matinee: Singin' in the Rain.....3/3
 FETCH! Club.....3/10
 Book Exchange Bingo.....3/12
 Exhibit: UNLV Student Works – 2D.....3/14
 Pajama Jam.....3/19
 Film: The Hangover.....3/21
 Blood Drive.....3/23
 Library Lovers Month.....4/1
 Film: Chandni Chowk To China.....4/3
 The Art of Romare Bearden.....4/7
 Film: Inglourious Basterds.....4/18
 Petstacular Pet Fair.....4/27

Reed Whipple Cultural Center – 702-229-6211

Unsung Heroes of Nevada's Past.....4/5-7, 4/11-14

Sahara West Library - 702-507-3630

Jon's Craft Jamboree.....3/6
 Save the Eagles.....3/10
 Wii.....3/16
 Fit Kids: Dance with Me.....3/26
 National Puzzle Day.....3/29
 Backwards Day Celebration.....3/31
 Drawing Club.....4/7
 Sojourner Truth: I Sell the Shadow.....4/20

Spring Valley Library - 702-507-3820

Drawing Club.....3/1
 Jon's Craft Jamboree.....3/4
 Crafty Kid's Saturdays.....3/7
 Celebrate Mickey Mouse's Birthday.....3/17
 Reader's Theater.....3/21
 Valley of Fire: Faces, Animals and Other Things Exhibit.....4/10
 Paper Airplanes.....4/17
 Wii.....4/23

Summerlin Library - 702-507-3860

Teen Gamers Club.....3/9
 Summerlin Scrabble Club.....3/11
 Magical Mathematics.....3/16
 Lawrence Gregory Mental Illusionist.....3/22
 Feed the Birds.....3/24
 Super Science Saturday: Chemistry.....3/27
 Exhibit: Images of Dance by the Las Vegas Contemporary Dance Theater.....4/2
 You've Got Mail Storytime.....4/7
 Westward Ho!.....4/8
 African American Choreographic Legends Dance.....4/12
 Jazz for Children.....4/16
 Recipe Exchange.....4/18

Pancake Stories.....4/21
 39 Clues Book Club.....4/27

Sunrise Library - 702-507-3900

Let's Move!.....3/7
 Film: The Proposal.....3/10
 Living the Dream.....3/14
 Blood Drive.....3/16
 Legion Soccer Club.....3/21
 Voices of Our Ancestors.....4/6
 Jazz for Children.....4/17
 Film: Transformers: Revenge of the Fallen.....4/21
 Champions Game Day.....4/26
 Frog and Toad Forever!.....4/28

West Charleston Library - 702-507-3940

Quilt Crazies.....3/6
 Anime Vegas.....3/9
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West Las Vegas Library - 702-507-3980

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Whitney Library - 702-507-4010

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Winchester Cultural Center - 702-455-7340

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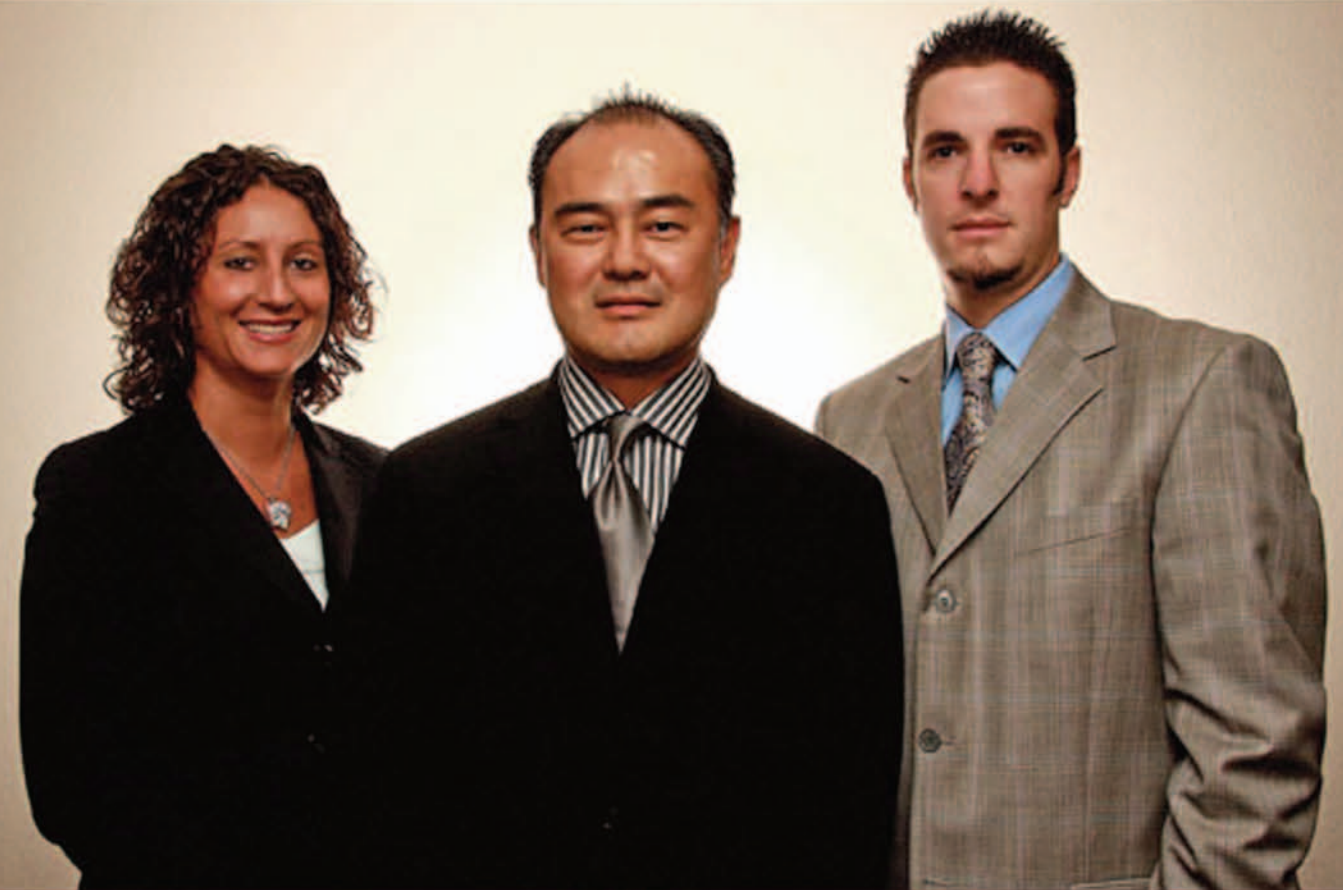


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